**Supplementary Table S1** Composition of individual extracts from Triphala components

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Fruit extract | Total phenolic content  (mg GAE/mL ± SD) | Total flavonoid content  (mg CE/mL ± SD) | Hydrolyzable tannin content  (mg CE/mL ± SD) | Condensed tannin content  (mg GE/mL ± SD) |
| *Phyllanthus emblica* | 126.97 ± 3.81 | 0.96 ± 0.03 | 222.30 ± 12.97 | 0.37 ± 0.03 |
| *Terminalia bellerica* | 62.34 ± 1.22 | 0.23 ± 0.02 | 115.86 ± 1.04 | 0.35 ± 0.02 |
| *Terminalia chebula* | 13.06 ± 0.15 | 0.60 ± 0.03 | 25.28 ± 0.07 | 0.26 ± 0.01 |

GAE, gallic acid equivalent; CE, catechin equivalent; GA, gallotannin equivalent