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17	Keywords: Food waste, Hydrothermal carbonization, Hydrochar, Thermogravimetric
18	analysis, Kinetics
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25 Abstrac

In this work, simulated food waste (15 $\%$ white bread, 15 $\%$ palm dates (without seeds), 5 $\%$
boiled egg (without shells), 20% spent tea leaves, 20% spent coffee ground, and 25% banana
peel in parts weight) was subjected to hydrothermal carbonization (HTC) at 180, 200 and 220
°C for 120 min. ^[6] The mass yield and energy yield of the resultant hydrochars viz. HTC180,
HTC200, and HTC220 were 69.46, 68.50, 65.35 % and 88.91, 87.68, 84.30%, respectively.
Among the hydrochars produced, HTC220 had the highest heating value (HHV: 23.61
MJ/kg), while the food waste had a HHV of 18.17 MJ/kg. Activation energy for the
combustion of food waste and HTC220 was determined by modelling the thermogravimetric
data using the Arrhenius equation and was found to be in the range of 29.98 to 33.51 kJ/mol
and 16.52 to 25.47 kJ/mol, respectively. The densification ratio for the three hydrochar
samples varied slightly (1.28-1.29). The results indicate that the hydrochar produced from
food waste could be a potential to substitute coal combustion.
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46 1. Introduction

47	Food waste is documented as one of the challenges confronting the world today with severe
48	impacts on the environment. The Food Waste Index Report, 2021 recently released from the
49	United Nations Environment Programme (UNEP) indicated that roughly 0.93 billion tonnes
50	of food was discarded as waste in 2019 (UNEP, 2021). The 2015 United Nations sustainable
51	development agenda identified food waste as a core challenge to be addressed in order to
52	achieve sustainable consumption. The agenda outlined in section 12.3 and 12.5 of Sustainable
53	Development Goal for cutting in half per capita global food waste and significantly
54	minimizing waste generation respectively necessitates a sustainable approach for complete
55	waste valorisation besides mitigation strategies (Ishangulyyev et al., 2019).
56	Religious pilgrimages are one of the major global food waste generators. For instance,
57	annually, around 10 million pilgrims from all over the world travel to the Kingdom of Saudi
58	Arabia (KSA) for Hajj and Umrah pilgrimages. Trend shows a steady increase in Hajj
59	pilgrims from 5.6 million in 2015 to 7.4 million in 2019 (Atique and Itumalla, 2020). The rise
60	in the number of pilgrims and donation of packed and unpacked food during Hajj and Umrah
61	continue to increase, consequently generating large amount of food waste. A nationwide field
62	study estimated that the amount of food waste generated annually in KSA is about 427 kg per
63	person (Baig et al., 2019).
64	Although, increasing amount of food discarded as waste during Hajj pilgrimage puts
65	significant burden on the environment, it is an unexploited opportunity. Food waste is
66	chemically composed of varied organic compounds which are classified into carbohydrates,

67 proteins and lipids (Alibardi and Cossu, 2016). This makes food waste suitable to be

68 processed into a stable and nutrient-rich organic fertilizer, hydrochar, and value-added

69 chemicals. The physicochemical characteristics of food waste hydrochar obtained by

70 hydrothermal carbonization (HTC) have an elemental carbon composition and heat content

up to 73% and 31 MJ/kg, respectively (Saqib et al., 2018).

Therefore, re-utilising food waste through chemical conversion processes is essential
for sustainable environmental development. The conventional food waste conversion
technologies includes torrefaction (Singh and Yadav, 2019), co-hydrothermal carbonization
(Alshareef et al., 2022), pyrolysis (Cao et al., 2019), and fermentation (Carmona-Cabello et
al., 2020). Another conventional but recently revived technology is HTC process. This
process is flexible and easily adaptable for wide range of applications.

Generally, the food waste stream of municipal solid waste in KSA contains 78 79 approximately 38.4% moisture with low heating values (Nizami et al., 2017), which makes its incineration to be energetically inefficient. Compared to pyrolysis, HTC is conducted at 80 moderate temperature and can efficiently convert wet and heterogeneous food waste into 81 82 highly dense hydrochar, resembling coal in terms of its physical and chemical properties (Li 83 et al., 2013). Yan et al., (2022) carried out the HTC of kitchen food waste mixture at various temperatures ranging between 200 and 300 °C to produce hydrochars. The HHV of the 84 hydrochar significantly improved from 16.4 MJ/kg to 18.33 - 20.6 MJ/kg, which was 85 comparable with 20 MJ/kg, specified for coal in the literature (Al-Aboosi et al., 2021). 86 Additionally, HTC of the food waste mixture produced a hydrochar with an improved 87 physical and chemical properties compared to hydrochar derived from the HTC of the 88 89 individual component of the feedstock mixture.

Thus, HTC is a sustainable and eco-friendly tool for converting KSA food waste into value-added products like catalyst (Abdullah et al., 2021) and adsorbents (Ashareef et al., 2021). In this study, hydrochars were produced from simulated food waste (similar to Hajj and Umrah food waste) through HTC process route. The physicochemical properties and combustion kinetics of the simulated food waste and produced hydrochars were determined. 95 2. Materials and methods

96 2.1. Materials

Locally consumed food waste such as white bread, palm date, egg, banana, spent coffee, and
tea were collected, oven dried for a week at 60 °C, crushed and sieved to the desired particle
size (0.50-1.00 mm). Thereafter, the food samples were mixed as follows: 15 % white bread,
15% palm dates (without seeds), 5% boiled eggs (without shells), 20% spent tea leaves, 20%
spent coffee ground, and 25% banana peel in parts weight.

102 2.2. Preparation of hydrochar

103 10 g of the food waste feedstock sample was placed inside an automated hydrothermal vessel

104 (170 mL). 90 mL of deionized (D.I) water was added to it and mixed to obtain a feedstock to

105 water ratio of 10% w/w. The submerged sample was agitated at room temperature for 30 min.

106 Thereafter, the contents inside the reactor vessel were heated at 180 °C for 120 min under

107 5 °C/min heating rate. Finally, the vessel was instantly cooled to ambient temperature with

the help of cooling jacket around the vessel. The content was vacuum filtered with a filter

109 paper $(0.45 \,\mu\text{m})$ and unwanted soluble species were rinsed out by D.I water. The recovered

110 hydrochar were subsequently oven-dried at 60°C till when there was no longer change in

111 mass, indicating complete dryness. Similar procedure was repeated to produce hydrochar

samples at 200 and 220 °C. The dried hydrochar samples produced at 180, 200, and 220 °C

113 were code named as HTC180, HTC200, and HTC220, respectively.

114 2.3. Characterization of feedstock and hydrochar

115 Mass yield, energy densification ratio, and energy yield of the produced hydrochars were

116 determined according to Eqs. 1-3:

117
$$Mass yield = \frac{mass of dried hydrochar}{mass of dried raw material} X 100$$
 (1)

118 Energy densification ratio =
$$\frac{HHV \text{ of hydrochar}}{HHV \text{ of raw material}}$$
 (2)

119Energy yield = mass yield x energy densification ratio(3)

120	Scanning electron microscope (SEM: Hitachi, TM3030Plus, Tabletop Microscope,
121	Japan) at a magnification of $500 \times$ was used to examine the microstructure as well as the
122	surface morphology of the food waste and derived hydrochars. Prior to SEM examination,
123	dried samples were first gold-coated in order to obtain high-resolution images. The sample
124	surface functional groups were ascertained using a Fourier transmission infrared
125	spectrophotometer (FT-IR: Perkin- Elmer, Spectrum RXI, USA) in the range between 4000-
126	500 cm^{-1} .
127	The proximate analysis was carried out using thermogravimetric analysis (TGA:
128	Perkin Elmer). The elemental analysis (CHNSO) for the feedstock and the produced
129	hydrochars were obtained using the elemental analyser (Elementar, Analysensysteme GmbH,
130	Model: VARIO EL III).
131	2.4. Combustion kinetic analysis of food waste and hydrochar
132	Combustion kinetics of food waste and hydrochar was investigated using Simultaneous
133	Thermal Analyzer –STA 449 F5 Jupiter, Germany. The sample $(10 \pm 0.5 \text{ mg})$ was heated
134	from 50 to 900 °C under oxygen environment at heating rate of 10 °C/min. The derivation for
135	the combustion kinetic model using the Arrhenius approach that was used for the
136	determination of the kinetic parameters in this work can be found elsewhere (Sait et al., 2012)
137	and the final equation can be expressed as
138	$\ln\left[-\frac{\ln(1-\alpha)}{T^2}\right] = \ln\left[\frac{AR}{\beta E}\right] - \frac{E}{R}\left(\frac{1}{T}\right) $ (4)
139	From Eq. 4, the graph of $\ln \left[-\frac{1-(1-\alpha)}{T^2(1-n)}\right]$ against $\frac{1}{T}$ and $\ln \left[-\frac{\ln(1-\alpha)}{T^2}\right]$ against $\frac{1}{T}$ was plotted.
140	The slope and intercept of the linearized graph should be $-E/R$ and $\ln[AR/\beta E]$
141	respectively. Eq.4 is applicable provided the value of n is not equal to unity (1). The

- 142 determined end value of n, must tally with the value of E with line of best fit representing the
- 143 TGA data for the values of E and A to be acceptable.
- 144 3. Results and discussion
- 145 3.1. Food waste and hydrochar characterization

146 Presented in Table 1 is the moisture content of the hydrochars produced at 180, 200, and 220

147 $^{\circ}C$. The moisture content of the hydrochar samples were in the range of 3-3.3 % which makes

it suitable for storage, transport, and combustion. The moisture content of the food waste

149 feedstock was found to be above this range (4.63 %). Li et al. $^{[1]}$ found that the moisture

150 content of lettuce feedstock did not affect the mass yield of the HTC derived hydrochar.

151 The mass yield of the hydrochar samples produced at 180, 200 and 220 °C are

illustrated in Fig. 1. The HTC of the food waste produced a mass yield of 69.46% at 180 °C,

and thereafter decreased slightly to 68.5 % at 200 °C. Further, the increase in temperature to

154 220 °C showed a significant decrease in mass yield to 65.35 %. The reduction in mass yield

155 was due to the release of volatile matter in addition to the consecutive hydrolysis and

decarbonxylation reaction taking place during hydrochar development (Sharma and Dubey,

157 2020). 15 % mass yield of formulated (Saqib et al., 2018) and real complex (Sharma et al.,

158 2021) food waste derived hydrochars was produced under similar conditions at 220-260 °C

159 HTC range of temperature. However, the mass yield of the hydrochars developed by HTC of

apple waste from 180 to 230 °C were ranged between 53 and 73% (Suárez et al., 2020).

Generally, high temperature leads to the decomposition of hydrochar into liquid and gaseous
products (Sharma and Dubey, 2020).

163 Comparing the elemental composition of the food waste mixture and hydrochars in
164 Table 1, it would be observed that food waste carbonization progressed and led to an increase

- in the elemental carbon composition from 46.2 to 57.9% at 180 °C reaction temperature. It
- 166 would be further observed a slight increase carbon content of 3.2 and 0.72% was obtained

with a rise in temperature from 180 to 200 °C and then 200 to 220 °C, respectively. Previous
study under similar experimental conditions showed the respective elemental carbon content
of 46.70 and 61.97% for real food waste and the derived hydrochar (Akarsu et al., 2019). The
slight difference noticed might be due to the difference in composition, formulation, and the
origin of food waste feedstock.

The oxygen content of the food waste and hydrochars were 35.82 and 30.7-31.7%,
respectively. The decrease in the oxygen content of the food waste after HTC process
suggests the elimination of elemental oxygen through dehydration and decarboxylation. The
magnitude of elemental oxygen from food waste obtained during current study was lower
than the magnitude (45.9%) observed by Suarez et al (2020) for discarded apple residue.
Also, the elemental oxygen was also less than 37-54 % obtained in the works of Akarsu et al
(2019) and Sharma et al (2021) on municipal food waste.

179 The nitrogen and hydrogen elemental content presented in Table 1, shows significant variation between the food waste and the derived carbonized hydrochar. As the HTC 180 progressed, the nitrogen content in the food waste significantly increased from 3.8 to 4.8 % at 181 180 °C, while the HTC experiments respectively conducted at 200 and 220 °C increased the 182 elemental nitrogen content to 4.9 and 5.0 %. This suggests the fact that de-amination of the 183 184 polysaccharide-rich date palm components present in food waste to yield ammonia did not occur during the hydrochar formation process (Motavaf and Savage, 2021). In addition, the 185 186 observed increase in nitrogen content might be to the fact that it remains intact during oxygen content loss. Sagib et al. (2018) however observed that the nitrogen content of prepared food 187 188 waste (5.7 %) was higher compared to the hydrochar (4.35 %) produced at temperatures up to 200 °C. 189

190 The sulphur content for both food waste and derived hydrochar was about 0.3% lesser191 than the contents obtained during the current study for both hydrochars and food waste

192 (Table 1). The relatively higher sulphur content may be a contribution from the egg

- component in the food waste. After combustion, nitrogen and sulphur from solid fuel creates
 acid that causes corrosive wear on the metal surfaces of an engine.
- 195 Table 1 also presents the proximate analysis of the food waste and hydrochars which
- reveals the extent of the HTC. After the HTC of the food waste at 180 $^{\circ}$ C, an expected
- 197 increase in fixed carbon (FC) and ash content (A) from 17.57 to 37.35% and 6.47 to 7.50%
- 198 was observed, respectively. This led to a corresponding decrease in volatile matter (VM)
- from 71.33 to 51.78%. Subsequent variation in the HTC temperature of the food waste at 200
- and 220 °C produced hydrochars with FC, A, and VM in the range of 30.81 36.88 %, 9.1 -
- 201 10.70 %, and 50.89 55.48 %, respectively. The ratio of the FC and VM which expresses the
- fuel ratio of all samples was found to be less than 0.8. This value is within the range of 0.44
- to 1.10 specified by Sharma et al. (2021) and Sharma and Dubey (2020) for hydrochars that
- 204 could be exploited as fuels and co-fuels in combustion systems or power plants. However, the
- ash content (7.50-10.70%) of the hydrochars was high compared to the food waste precursor
- (6.47%) and may lead to slagging and fouling in the boiler when used as fuel.
- 207 Another important characteristic of fuel is the HHV which is also presented for the
- 208 prepared food waste and HTC derived hydrochar samples in Table 1. The HHV for the
- prepared food waste was 18.17 MJ/kg, which is closer to 18.7 and 18.3 MJ/kg obtained for
- apple (Suárez et al., 2020) and municipal (Akarsu et al., 2019) food waste, respectively. As
- the HTC temperature was increased from 180 to 200 °C and then to 220 °C, there was a total
- increment of 1.59% from 23.23 to 23.61%. This increment is low when compared to the
- study on apple waste mentioned earlier where a HHV increment of 25.3% from 23.7 to 29.7
- % was recorded. This may be due to the relatively higher temperature (230 $^{\circ}$ C) and longer
- 215 dwelling time (240 min) used during the study.

216 Energy yields of the produced hydrochars were determined according to Eq. 2 and 217 were used to determine the preserved densification ratio defined as Eq. 3 and listed in Table 1. The trend already observed for fixed carbon was similarly followed for the energy yield 218 219 which decreased from 88.91 to 84.30% as the HTC temperature increased. Similar trend was observed by Saqib et al. (2018), where the energy yield decreased from 12.81 to 10.92%. 220 Yet, it would be clearly observed that both the decreased extent of energy yield and the 221 energy yield of the hydrochar obtained in this study was higher. While the decreased extent 222 223 of the energy yield could be as a result of the longer residence time (2h) used, the relatively very high energy yield obtained, may be due to the palm date component of the food waste 224 225 feedstock. Depending on the variety, date palm has an approximate gross energy ranging 226 between 3523.3 - 4251.5 kcal/kg (Chandrasekaran et al., 2013) which is 81.1 - 97.9% of the 227 net calorific value of the food waste mixture used in this study. It is therefore quite likely that 228 palm dates may contain larger number of high energy C-C bonds and smaller amounts of lower energy H-C and O-C bonds, thus resulting to overall high energy yield. 229 The variation in densification ratio and energy yield of hydrochar with HTC 230 temperature are presented in Table 1. The observed energy densification ratio for hydrochar 231 was $\sim 1.28^{[26]}$ and close to the value of 1.38 obtained for municipal food wastes (Akarsu et al., 232 2019). Energy densification through HTC increases the amount of energy stored in food 233 waste in order to improve its energetic properties. The energy yield of food waste and the 234 energy densification ratio of hydrochar largely depend on the bulk density and chemical 235 composition of the food waste. These parameters must be determined if a hydrochar derived 236 237 from a food waste feedstock is to be used as fuel. Energy densification of food waste using HTC processes increases hydrochar energy density for more efficient transport. In summary, 238 it is clear from Table 1 that as both the mass and energy yield of the hydrochar decreased 239

both the energy densification ratio and HHV increased. Thus, the HTC220 had the highest

heating value (23.61 MJ/kg), while food waste had the least (18.17 MJ/kg).

Fig. 2 is the Van Krevelen diagram where the oxygen-carbon (O/C) and hydrogen-242 carbon (H/C) ratios of the food waste and hydrochars were plotted. It can be seen clearly that 243 244 both H/C (0.39) and O/C (0.6) ratios of the hydrochars were low compared to the ratios 245 obtained for raw food waste. These ratios were lowest for HTC220 and this accounted for the 246 close proximity of HTC220 to the region representing lignite on the diagram. This implies that HTC of the food waste leads to a gradual upgradation into the lignite rank.^[2] Thus, both 247 reductions in the H/C and O/C with increase in HTC temperature may be the occurrence of 248 dehydration and decarboxylation (Sliz and Wilk, 2020). This result is similar to the finding 249 of Sagib et al. (2018) where there was a steady reduction of the H/C and O/C ratios from 250 0.115 to 0.096 and 0.39 to 0.23 as the HTC temperature was elevated from 200 to 300 °C, 251 respectively.^[2] 252 Reduction in H/C and O/C ratios may be due to the decarboxylation reaction that took 253 place during the carbonization process (Sevilla et al., 2011). According to HTC process at 254 elevated temperatures which advances with dehydration reactions thereby eliminating oxygen 255 from the initial raw biomass structure, giving rise to a decrease in the O/C ratio (Maniscalco 256 et al., 2020). On the other hand, decarboxylation during HTC removes carboxyl and carbonyl 257 groups, thus, leading to a drop in O/C and H/C ratio of the food waste mixture (Smith et al., 258 2016). 259 This work further studied the variation of physical property of food waste and 260 261 hydrochar samples in terms of their appearance and texture. Fig. 3, inset shows the colour 262 variation of raw food waste at different HTC temperatures. It was observed that at higher

temperature, the food waste (Fig. 3a, inset) changes from dark brown colour to brownish-

264 black hydrochars (Fig. 3 b-d, inset). The dried hydrochar retained its dense consistency and 265 lustreless appearance which indicates a mild coalification of the food waste to lignite. 266 A detailed SEM analysis of the food waste and hydrochars reveal insightful 267 information on change of the structural morphology of the food waste during HTC (Fig. 3). 268 The magnified SEM images show slight changes in the surface structure of food waste and 269 the hydrochars due to lignin loss arising from degradation and depolymerisation reactions 270 taking place during the hydrochar formation process. Microscopic examination of food waste 271 presented a surface structure that was densely packed, impervious, and fixed. After HTC, the surface structures of HTC180 and HTC200were altered which may be consequence of the 272 273 collapse of chemical structures of the cellulose and lignin content in the food waste. The 274 sheet, debris and crack-like surface structure detected on the SEM image of HTC220, may be 275 due to further volatile releases and elimination of the hydroxyl, ketone, and aldehyde 276 functional groups present in the carbohydrate constituent of the food waste. Sheet, debris and 277 crack-like surface structures were similarly observed on the SEM images of lignite in the 278 investigation carried out by Tang et al. (2016).

Different food wastes have been found to have distinct surface structure under varied 279 operating conditions (Sagib et al., 2018) and some of these differences in surface structure for 280 281 different food wastes are reported in the literature. A three-component food waste with high carbohydrate content was hydrothermally carbonized at 200 °C for 6 hr. The microstructural 282 283 analysis of the surface of the derived hydrochar revealed a carbon microsphere (Tradler et al., 284 2018). Another food waste with high carbohydrate content was hydrothermally carbonized at 285 220 °C for 1 h. The flakey-like microstructure of the food waste was metamorphosed to a 286 hydrochar with carbon spheres and microsphere-like microstructure after HTC. The surface 287 structure metamorphosis was imaginably due to condensation of the soluble product and 288 consecutive polymerization reaction (Sharma and Dubey, 2020). Steamed bread was also

289 hydrothermally carbonized at 260 °C and reaction time of 3 h into a hydrochar. Trace

- quantities of sphere-like particles were noticed on its microstructure which was imaginably
 due to carbonization of its constituent starch (Feng et al., 2019).
- 292 FT-IR analysis was carried on the food waste and hydrochar samples in order to 293 ascertain the functional groups that may be present on their respective surface (Fig. 4). The 294 FT-IR spectra showed a disappearance and shift of some absorption bands. A broad band located on the FT-IR spectrum range of 3200 - 3400 cm⁻¹ may be assigned to the hydroxyl 295 group functional group. For both the raw food waste and hydrochar samples, absorption band 296 at frequencies between 2852 and 2921 cm⁻¹ were due to the presence of C-H stretch of 297 298 aliphatic methylene group. These absorption bands may be evidence of contributions from spent coffee and palm dates contained in the food waste mixture. The bands around 1700 to 299 1740 cm⁻¹ in the raw food waste sample can be attributed to the C=O stretch of aldehydes 300 301 usually contained in palm dates (Bharath et al., 2020). The disappearance of C=O bands after 302 HTC reveals that the carboxylic groups present in palm dates component of the food waste 303 mixture might have been converted to carbon dioxide and polysaccharide pieces (Robbiani, 304 2013). The disappearance of the C-H band implies that the aliphatic structure of the food 305 waste was not preserved during HTC.

The peak located at 1630 cm⁻¹ in raw food sample was widely accepted to be due to water. This peak shifted to a lower frequency at 1602 and 1607 cm⁻¹ after HTC process.^[31] The aromatic ring related vibrations between 1500 and 1600 cm⁻¹ may be due to the presence of C=C stretch. The aromatic ring -related vibrations of C=C stretch suggests that Maillard reaction between the carbohydrate and egg components in the food waste led to an increased aromatisation of transient species. This reaction could have been responsible for the increase in the atomic nitrogen in the hydrochar samples obtained from the elemental test analysis.

313	The presence of band at ~ 1455 cm ⁻¹ was good evidence for =CH ₂ stretch of
314	methylene, while the band around 1376 cm^{-1} was associated with -CH ₃ bend (methyl). The
315	presence of absorption bands between 1240 and 1070 cm ⁻¹ suggests the presence of C-O-C
316	stretching of esters. The vibration from 1200 to 900 cm ⁻¹ in both the raw food waste and
317	hydrochar samples shows the presence of C-O-C linkage present in bread and other baked
318	biomass.
319	3.2. Combustion behaviour and kinetics
320	The thermogravimetric analysis was applied to study the food waste combustion behaviour
321	and Fig. 5a presents the plot of TG and DTG versus temperature for feedstock waste.
322	Evidently, the combustion of the food waste started from 59-159 $^{\circ}$ C where a 4.6 wt. % weight
323	loss was recorded within the temperature range. The recorded weight loss may be due water
324	evaporation. The combustion of the feedstock advanced in distinct stages as seen in the DTG
325	curves. The DTG curve for food waste reveals three peaks within a temperature ranging from
326	50 to 383 °C. The maximum weight loss rate recorded within this temperature range was 4.6
327	%/min which corresponds to 47.2 % weight loss. At 750 $^{\circ}$ C, where there was complete
328	conversion of food waste to elemental carbon, 6.68 % solid residue in the form of ash was
329	left.
330	The combustion of mixture of the food waste observed by the DTG result showed a
331	three-peak combustion process. The food waste mixture may be characterized as fruity (tea

leaves and banana peels), woody (palm dates and spent coffee) and edible (bread and egg)

biomass. Thus, these ingredients present in the food waste contain different amounts of

hemicellulose, cellulose, and lignin.

The first peak of food waste combustion at 106 °C is believed to be the effect of water evaporation of the food waste mixture or combustion of the high volatile content white bread and egg component of the food waste. The second combustion peak at 201 °C is imagined to

be the effect of combustion of the bread and egg volatiles and banana peel/spent tea leaves
biomass char. The third combustion peak of the food waste at 293 °C is linked with the
combustion of palm dates and spent coffee char. The observed maximum rates of mass loss
occurring at higher temperatures in peak 3 was attributed to combustion of palm dates and
spent coffee because of its woody nature or relatively high lignin content.

For HTC220 sample, the TG and DTG versus temperature plot, displayed in Fig. 5b 343 344 showed significant variation in weight loss. As seen in the DTG plot, the peak temperatures 345 for the HTC220 were 84.4 and 330 °C for peaks 1 and 2, respectively. In a similar work carried out on lignite samples (Mo et al., 2020) observed peak at 95 °C and other peak was 346 located between 105 and 350 °C on TG curves. The first and second peaks were attributed to 347 348 the occurrence of water evaporation and simultaneous oxidation/devolatilization reaction respectively. It was noted that the number of DTG peaks for raw food waste reduced from 3 349 350 to 2 after HTC. The observed reduction of DTG peaks after HTC-220 may be due to 351 diminished volatile matter content, degraded lignin structures and enhanced fixed carbon content of the hydrochar. The second DTG peak of HTC220 was very broad (indicating a 352 gradual combustion reaction of the char) compared to the sharp nature of the first peak which 353 354 reveals the occurrence of a rapid or flash combustion process. The TG plot of the hydrochar (Fig.5b) showed the highest drop in weight of 53.9 wt. 355 356 % within the temperature range of 330-670 °C. The initial degradation temperature for the HTC was around 96.4 °C, but it was delayed for feedstock from 154 to about 250 °C. This 357 could be due to the higher proportion of moisture contained in the food waste was relative to 358 the hydrochar. The combustion of HTC220 can be described as a two-stage process based on 359

- the peak identified on the DTG plot. The first stage of combustion of HTC220 was observed
- 361 in the 50-170 $^{\circ}$ C temperature range, while the second stage of the combustion stage was
- 362 noticed between 170 and 700 °C temperature.

363 The activation energies for food waste feedstock and hydrochars corresponding to 364 each peak earlier detected are listed in Table 2. The activation energy of the feedstock was 365 found to be in range of 29.98 to 33.51 kJ/mol. Judging from the kinetic plots (Fig. 6), the 366 Arrhenius equation model reasonably describes the combustion reaction of both food waste 367 feedstock and hydrochars. The respective activation energies of the feedstock were 33.51, 368 24.02, and 29.98 kJ/mol for peaks 1, 2, and 3. The fluctuating trend of the activation energy 369 across the three peaks indicate that the combustion of food waste and hydrochars occurring at 370 different stages involve different mechanism.

371 Two peaks were noticed for the hydrochar and the respective activation energies 372 calculated for the first and second peaks were 25.47 and 16.52 kJ/mol. The reduction in activation was observed by Saqib et al. (2018) where the activation energy of the hydrochars 373 prepared under similar conditions were reduced from 56.78 to 47.38 kJ/mol from first peak to 374 second peak. This reduction in activation energy in both feedstock and hydrochar sample may 375 376 be attributed to the catalytic effect of inorganic species present in the hydrochar (Smith et al., 377 2016). However, in another related study on combustion of lignite samples, the activation energy of hydrochar increased 59.95 to 69.49 kJ/mol with increase in HTC temperature from 378 270 to 330°C (Mo et al., 2020). 379

380 It can be inferred in Table 2 that HC220 showed an early liberation of energy in 381 contrast to raw food waste during combustion with activation energy of 25.47 kJ/mol and 382 16.52 kJ/mol in contrast to 33.51 kJ/mol and 24.02 kJ/mol for feedstock in peaks 1 and 2, respectively. This indicates that the hydrochar may be mixed with low rank in order to reduce 383 its ignition temperature. Similar view was asserted by Gupta et al. (2020) based on an 384 385 outcome of an investigation which revealed that the activation energy of the real food waste was 82 kJ higher than the derived hydrochar at 200 °C. 386 387

4. Conclusions

388 Hydrochars produced from simulated food waste (similar to Hajj and Umrah food waste) through HTC process route has been carried out. The results showed that with increase in 389 390 temperature, the mass and energy yields of the hydrochars decreased, while the energy 391 densification ratio and HHV of hydrochars increased. Furthermore, the hydrochar produced 392 at 220 °C had the HVV of 23.61 MJ/kg, which was a significant improvement compared to 393 the HHV of 18.17 MJ/kg, obtained for food waste precursor. The combustion kinetic showed 394 that the energy required to start the combustion reaction for hydrochar (25.47 kJ/mol) was 395 lower compared to the energy (33.51 kJ/mol) required for a reaction with raw food waste. 396 Hence, the results conclude that the reported strategy could be an effective alternate to 397 convert Hajj and Umrah food waste to a value-added solid fuel. 398 Acknowledgement 399 This project was funded by the National Plan for Science, Technology and Innovation 400 (MAARIFAH), King Abdulaziz City for Science and Technology, Kingdom of Saudi Arabia 401 (Award Number 14-ENV665-02). 402 References 403 Abdullah, R.F., Rashid, U., Ibrahim, M.L., Hazmi, B., Alharthi, F.A., Nehdi, I.A., 2020. 404 Bifunctional nano-catalyst produced from palm kernel shell via hydrothermal-assisted 405 carbonization for biodiesel production from waste cooking oil. Renew. Sustain. Energy 406 Rev. 137, 110638. doi: 10.1016/j.rser.2020.110638. 407 Akarsu, K., Duman, G., Yilmazer, A., Keskin, T., Azbar, N., Yanik, J. 2019. Sustainable 408 valorization of food wastes into solid fuel by hydrothermal carbonization. Biores. 409 Technol. 292, 121959. doi: 10.1016/j.biortech.2019.121959. 410 Alibardi, L., Cossu, R., 2016. Effects of carbohydrate, protein and lipid content of organic 411 waste on hydrogen production and fermentation products. Waste Manag. 47, 69-77. 412 doi: 10.1016/j.wasman.2015.07.049.

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