**Psychological Well-being during Covid-19 Lockdown: Insights from a Saudi State University’s Academic Community**

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**Supplementary Table 1: Timeline of the events related to restrictions during Covid-19 lockdown**

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| --- | --- | --- | --- |
| **Events** | **Dates** | **Curfew Hrs.’** | **Exceptions** |
| Travel ban to China on citizens and residents | Feb 6 |  |  |
| Temporary suspension of Umrah pilgrimage | Feb 27 |  |  |
| First confirmed case in KSA | Mar 2 |  |  |
| Suspension of non-essential work and international flights | Mar 15 |  | None |
| Work from home; malls, schools and universities closed; mosques closed | Mar 16-17 |  |  |
| Nationwide lockdown | Mar 24 – Apr 5 | 7PM-6AM | Makkah and Madinah |
| Enhanced lockdown | Apr 6-25 | 3PM-6AM | None |
| Restrictions during Ramadan\* | Apr 26- May 22 | 5PM-9AM | Makkah |
| Restrictions during Eid Al Fitr\* | May 23-27 | 24 Hr | None |
| Phase 1 Partial Easing\* | May 28-30 | 3PM-6AM | Makkah |
| Phase 2 Partial Easing\* | May31-June20 | 8PM-6AM | Makkah |
| Announcement of limited Hajj pilgrimage for 2020, which gathered 2.5 million pilgrims in 2019 | June 22 |  |  |

**Note**: \* Denotes events that unfolded during the study period (May 11-June 6, 2020).