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## ORIGINAL ARTICLE

# Biological effects of Naja haje crude venom on the hepatic and renal tissues of mice



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# Amany A. Tohamy <sup>a</sup>, Aly F. Mohamed <sup>b</sup>, Ahmed E. Abdel Moneim <sup>a,c,</sup>\*, Marwa S.M. Diab<sup>a,\*</sup>

<sup>a</sup> Department of Zoology and Entomology, Faculty of Science, Helwan University, Cairo, Egypt

b The Holding Company for Biological Products and Vaccines (EGYVAC-VACSERA), Dokki, Giza, Egypt

<sup>c</sup> Department of Biochemistry and Molecular Biology, Asturias Institute of Biotechnology, University of Oviedo, Oviedo, Spain

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#### **KEYWORDS**

Naja haje venom; Liver; Kidney; Oxidative stress; Mice

Abstract Snake venoms are known to cause different metabolic disorders, altering cellular and enzymatic activities in animals and releasing pharmacological substances. In this study, the lethality as well as biochemical and histopathological effect of Egyptian cobra (Naja haje; N. haje) crude venom at a sublethal dose have been investigated on liver and kidney of male mice. Venom injected intramuscularly in mice with  $1/2$  LD50 (approximately 0.0115  $\mu$ g/g body weight of mice) and the animals were sacrificed 6 days post injection. Results indicated that the injection of crude venom of the N. haje induced a significant disturbance in liver and kidney functions. In addition, results revealed that N. haje venom has a potent oxidative activity by increasing the level of reactive oxygen species with concomitant significant increase in hydrogen peroxide, lipid peroxidation, carbonyl protein and nitric oxide levels in hepatic and renal tissues. This activity was extended to decrease non-enzymatic and enzymatic antioxidant defense components such as glutathione, superoxide dismutase and catalase. Additionally, the biochemical alternations induced in hepatic and renal tissues were associated with significant alternations in the histological architecture of liver and kidney of

E-mail addresses: [abdelahmed.uo@uniovi.es](mailto:abdelahmed.uo@uniovi.es) (A.E. Abdel Moneim), [marwa.db@gmail.com](mailto:marwa.db@gmail.com) (M.S.M. Diab).

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Corresponding authors. Address: Department of Biochemistry and Molecular Biology, Asturias Institute of Biotechnology, Asturias Institute of Biotechnology, University of Oviedo, Oviedo, Spain. Tel.: +34 611302236 (A.E. Abdel Moneim). Address: Department of Zoology and Entomology, Faculty of Science, Helwan University, Cairo, Egypt. Tel.: +20 225590000x1825; fax: +20 225552468 (M.S.M. Diab).

injected mice. From this study, we can conclude that such injury could be considered among the factors that lead to death caused by N. haje venom.

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#### 1. Introduction

The study of structure and function of snake venom toxins is carrying out with medical application purposes. Snake venom is a complex mixture of many substances, such as toxins, enzymes, growth factors, activators and inhibitors with a wide spectrum of biological activities [\(Rahmy and Hemmaid, 2000;](#page-7-0) [Al-Sadoon et al., 2013; Cherifi and Laraba-Djebari, 2013](#page-7-0)). They are also known to cause different metabolic disorders by altering the cellular inclusions and enzymatic activities of different organs ([Aiesenberg, 1981\)](#page-6-0). Cobra snakes are widely distributed in Africa and the Middle East. In Egypt, family Elapidae includes several toxic species of snakes, among which is the Egyptian cobra, Naja haje. In Egypt, N. haje distributes in Nile Valley and Delta, Faiyum and Western Mediterranean Coastal Desert. Envenomation causes local pain and swelling, and may be associated with blistering at the bite site. Neurotoxic and systemic symptoms develop within few hours, and deaths have occurred within 6–16 h after large snakes' bites, despite the use of antivenom and mechanical ventilation. Cobra envenoming is known to induce multiple-organ failure, leading to death in case of severe envenoming ([Cher et al., 2005\)](#page-6-0).

Liver is considered as one of the targets for cobra venom factor [\(Fu et al., 1997\)](#page-6-0). Hepatic injury due to cobra envenoming was reported by [Rahmy and Hemmaid \(2000\)](#page-7-0) and [Adzu](#page-6-0) [et al. \(2005\)](#page-6-0). [Doley and Mukherjee \(2003\)](#page-6-0) reported that the non-toxic phospholipase A2 isolated from the venom is responsible for inducing liver tissue damaging activity. In addition to hepatotoxicity, nephropathy induced by cobra was mentioned. In a previous study, a sub-lethal dose of the Egyptian cobra venom was found to induce a deleterious action on the histological and histochemical patterns of animal renal tissues. The histological alterations recorded in the tubular epithelial lining cells of most of the cortical renal tubules in all the envenomed mice with cobra venoms were previously reported by [Rahmy and Hemmaid \(2001\)](#page-7-0) and [Sitprija \(2006\)](#page-7-0). On reviewing the literatures, it was found that few studies were performed on the biochemical effects of the venom of N. haje snake, which is one of the most diverse and widespread genus of cobras.

Thus, the present study aimed to detect the hepatotoxic and nephrotoxic effects of a single dose of the venom of such snake after 6 days of envenomation from the biochemical point of view in relation to induce histopathological damages post cobra envenomation.

#### 2. Materials and methods

#### 2.1.  $N$ . haje venom preparation and lethality

Crude venom was obtained from N. haje snakes collected from the West Delta of Egypt. In VACSERA laboratory; snake venom was milked, lyophilized, stored in a desiccator at 4 °C in the dark and reconstituted in saline solution prior to use. LD50 of crude venom was determined as described by [Meier](#page-6-0) [and Theakston \(1986\)](#page-6-0). Briefly, LD50 of the venom was determined by intravenous injection of different concentrations of venom in 0.2 ml of physiological saline into the tail vein of albino mice. Four mice were used per group for each dose. Venom dose of each group was increased by 1 µg venom protein until 50% mortality was observed within 24 h. The LD50 of venom was found to be  $0.023 \mu g/g$  of mice body weight.

#### 2.2. Experimental design

Thirty adult male Swiss Albino mice weighing  $22 \pm 5$  g were used. Animals were selected from the Animal house facility of research institute of ophthalmology, Egypt. Animals were housed in standard condition and fed with normal diet and water *ad libitum*. The experiments were approved by the state authorities and it followed the Egyptian rules on animal protection.

Animals were divided into two groups of 15 mice per group. The first group was injected intramuscularly  $(i.m.)$  with 200  $\mu$ L physiological saline (0.9% NaCl) solution and the second group was injected intramuscularly with 1/2 LD50 (0.0115  $\mu$ g/g b.wt.) of *N. haje* crude venom in 200  $\mu$ L saline solution at a single dose.

Animals of both groups were sacrificed at the 6th day postcrude venom injection. Blood samples were collected, centrifuged at 500g for 15 min at  $4^{\circ}$ C to separate serum and stored at  $-40$  °C until liver and kidney function analysis. Livers and kidneys were weighed and divided into two parts. The first part is for histological studies and the second part for biochemical determinations.

#### 2.3. Histological studies

Pieces of liver and kidney were quickly removed, fixed in  $10\%$ neutral buffered formalin, dehydrated, embedded in wax and 4- to 5-µm paraffin sections were cut and stained with hematoxylin and eosin. Histological damage in liver and kidney was scored as follows: 0: absent;  $+$ : mild;  $+$ ; moderate;  $+++$ : severe [\(Jamshidzadeh et al., 2008](#page-6-0)). The liver activity index was estimated using a modified quantitative Ishak Scoring System ([Ishak et al., 1995](#page-6-0)); scores of 1–3 were assigned to cases of minimal liver damage, scores of 4–8 to mild, scores of 9–12 to moderate and scores of 13–18 to severe cases.

#### 2.4. Liver and kidney functions test

Colorimetric determination of alanine aminotransferase (ALT) and aspartate aminotransferase (AST) was estimated by measuring the amount of pyruvate and oxaloacetate respectively produced by forming 2,4-dinitrophenylhydrazine, according to the method of [Reitman and Frankel \(1957\)](#page-7-0). The color of which was measured at 546 nm.  $L-\gamma$ –glutamyl transferase ( $\gamma$ GT), uric acid (UA), blood urea nitrogen (BUN) and serum creatinine (Cr) were assayed in serum using kits provided from Biodiagnostic Co. (Giza, Egypt).

#### 2.5. Biochemical studies

Pieces of liver and kidney were homogenized immediately to give  $50\%$  (w/v) homogenate in ice-cold medium containing 50 mM Tris–HCl, pH 7.4. The homogenates were cold centrifuged at 500g for 10 min. The supernatant (10%) was used for various biochemical determinations.

#### 2.5.1. Quantification of reactive oxygen species (ROS)

A modified version of a previously described assay for the intracellular conversion of nitro blue tetrazolium (NBT) to formazan by superoxide anion was used to measure the generation of ROS ([Vrablic et al., 1995](#page-7-0)) with slight modification. Briefly, 200  $\mu$ L NBT (1.00 mg/ml) was added to the hepatic and renal homogenates, followed by additional incubation for 1 h at  $37^{\circ}$ C. The solutions were then treated with 100  $\mu$ L KOH (2 M). The absorbance at 570 nm was determined spectrophotometrically and expressed as  $\mu$ mol NBT reduced/g tissue.

#### 2.5.2. Hydrogen peroxide assay

Hydrogen peroxide content  $(H_2O_2)$  in liver and kidney homogenates was determined according to the method of [Fossati](#page-6-0) [et al. \(1980\)](#page-6-0). Briefly, in the presence of peroxidase,  $H_2O_2$  of hepatic and renal homogenates was reacted with 3,5-dichloro-2 hydroxybenzensulfonic acid and 4-aminophenazone to form a chromophore determined spectrophotometrically at 510 nm.

#### 2.5.3. Determination of lipid peroxidation and nitrite/nitrate

Homogenates of liver and kidney were used to determine lipid peroxidation (LPO) by the reaction of thiobarbituric acid (TBA) according to the method of [Ohkawa et al. \(1979\).](#page-6-0) Similarly, these homogenates were used to determine nitrite/nitrate (nitric oxide; NO) using the Griess reagent [\(Green et al., 1982](#page-6-0)).

#### 2.5.4. Estimation of glutathione and anti-oxidant enzymes

The hepatic and renal glutathione (GSH) levels were determined according to [Ellman \(1959\).](#page-6-0) In addition, activities of hepatic and renal antioxidant enzymes were determined. According to the method of [Aebi \(1984\),](#page-6-0) catalase (CAT) reacts with a known quantity of  $H_2O_2$ . Although, superoxide dismutase (SOD) activity was assayed by the method of [Nishikimi](#page-6-0) [et al. \(1972\).](#page-6-0)

#### 2.5.5. Determination of protein carbonyl content

Protein carbonyl content was determined as described by [Le](#page-6-0)[vine et al. \(1990\),](#page-6-0) with slight modifications. Hepatic and renal homogenates were incubated with 0.5 ml of 10 mM dinitrophenylhydrazine in 2 M HCl (or 2 M HCl alone for the blanks), for 1 h at room temperature. The protein hydrazone derivatives were precipitated with 0.5 ml of 20% trichloroacetic acid and the precipitates were washed three times with 1 ml ethanol:ethylacetate (1:1). During each washing, the homogenized pellet was vortexed and left in the washing solution for 10 min at room temperature before centrifugation. The final pellet was resuspended in 6 M guanidine HCl, and incubated for  $15 \text{ min}$  at  $37 \text{ °C}$ . The carbonyl content was determined spectrophotometrically at 360 nm on<br>the basis of molar absorbance coefficient of the basis of molar absorbance coefficient of  $22,000 \text{ M}^{-1} \text{ cm}^{-1}.$ 

#### 2.6. Statistical analysis

The obtained data were presented as means  $\pm$  standard error of the mean (SEM). Statistical analysis was performed using an unpaired Student's t-test using a statistical package program (SPSS version 17.0).

#### 3. Results

#### 3.1. Lethality test result

Results indicated that the approximate lethal dose fifty (LD50) of the venom is equal to 0.023  $\mu$ g/g mice b.wt. ([Supplementary](#page-6-0) [data; Fig. S1](#page-6-0)).

#### 3.2. Histological findings

The alternation in the liver architecture of envenomated animals, compared with that in control animals is shown in [Fig. 1](#page-3-0) and [Table 1.](#page-3-0) [Fig. 1A](#page-3-0) displays a histological section of liver from a control mouse. The center-lobe vein has normal morphological characteristics while [fig. 1B](#page-3-0)–D show a histological section of liver after 6 days injection of 0.0115  $\mu$ g venom/g mice b.wt. Cellular alteration was verified on liver. There are leukocyte aggregations near blood vessels and evident vascular congestion. Histological investigation of hepatic tissue sections reveals that N. haje envenomation caused a severe inflammatory response of the liver, as indicated by inflammatory cellular infiltration as well as cytoplasmic vacuolation and degeneration of hepatocytes. In addition, the hepatic sinusoids were dilated and apparently contained more Kupffer cells.

Histological structure of the renal tissue of control mice shows normal architecture represented in [Fig. 2A](#page-4-0). Histological changes in the renal tissue treated with  $N$ . haje crude venom are represented in [Table 2](#page-4-0) and [Fig. 2](#page-4-0)B–D. Treated kidney of mice appeared with moderate inflammatory cellular infiltration. Some kidney tubules were vacuolated. Most of the glomeruli appeared shrunken.

#### 3.3. Liver and kidney functions

A significant increase in serum AST activity was observed after 6 days of  $0.0115 \mu g/g$  b.wt. venom injection, compared with the control group. On the other hand, a significant decrease in serum ALT levels and  $\gamma$ GT was observed in envenomated mice [\(Table 3](#page-4-0)).The injection of N. haje crude venom to mice caused a significant decrease in the serum uric acid level (-28.76%) and significant increase in serum creatinine and urea, these increases were  $34.06\%$  and  $11.25\%$  at  $p < 0.05$ , respectively, after 6 days of injection when compared to the control group ([Table 3](#page-4-0)).

#### 3.4. Biochemical results

Results clearly demonstrated that a single injection of N. haje venom at a dose of  $0.0115 \mu g/g$  b.wt. caused a significant elevation in hepatic and renal ROS levels (231.77% and 354.79% at  $p < 0.05$ , respectively) with a concomitant increase in LPO and NO in hepatic and renal homogenates compared to the control group [\(Table 4\)](#page-5-0). GSH levels show a

<span id="page-3-0"></span>

Figure 1 (A) Liver of mice in the control group, showing that the center-lobe vein (CV) has normal morphological characteristics. (B–D) Hepatic tissue of mice in the envenomated group; showing a severe inflammatory response in liver indicated by inflammatory cellular

infiltration, cytoplasmic vacuolation  $(\uparrow)$ , degeneration of hepatocytes  $(\uparrow)$ , the hepatic sinusoids were dilated and apparently contained more Kupffer cells. Sections were stained with hematoxylin and eosin,  $\times$ 400.



SV: represented N. haje crude venom.

Score: 1–3, minimal; 4–8, mild; 9–12, moderate; 13–18, severe. 0: absent; +: mild; ++; moderate; +++: severe [\(Jamshidzadeh et al., 2008\)](#page-6-0). Modified according to [Ishak et al. \(1995\).](#page-6-0)

non significant change in hepatic homogenate  $(-7.00\%$  at  $p > 0.05$ ) and a significant decrease in renal tissue  $(-17.00\%$ at  $p < 0.05$ ) compared to the control group. While  $H_2O_2$  level in hepatic tissue ( $-22.22\%$  at  $p \le 0.05$ ) recorded a significant decrease and a non-significant change in  $H_2O_2$  level in renal tissue compared to the control group ([Table 4](#page-5-0)). In addition, data in [Table 4](#page-5-0) show a significant decrease in SOD and CAT activities in hepatic tissues  $(-21.26\%$  and  $-20.97\%$  at  $p \le 0.05$ , respectively), while show a non-significant change in SOD and CAT activities in renal homogenate when compared to the control group. N. haje envenomation also had shown a significant increase in carbonyl protein content of hepatic tissues (69.11% at  $p < 0.05$ ) and a non-significant change in carbonyl protein content of renal tissue compared to the control group ([Fig. 3\)](#page-5-0).

#### 4. Discussion

Venomous snakes possess extensively developed oral glands that secrete various enzymes and toxic proteins used for the immobilization and digestion of their prey and represent the most sophisticated integrated weapons systems in the natural

world [\(Fry, 2005](#page-6-0)). Snake venoms are complex mixtures; mainly it has proteins, which have enzymatic activities. Protein and peptides make 90–95% of the dry weight of venom. In addition to that snake venoms contain inorganic cations such as sodium, calcium, potassium, magnesium and small amounts of zinc, nickel, cobalt, iron, manganese. Zinc is necessary for anti-cholinesterase activity; calcium is required for the activation of enzyme like phospholipase. Some snake venoms also contain carbohydrate, lipid, biogenic amines and free amino acids [\(de Vieira Santos et al., 2008](#page-6-0)). Snake venoms contain at least 25 enzymes, but no single venom contains all of them. Enzymes are protein in nature, but few depend on certain nonprotein prosthetic groups or cofactors.

Three authors have reported that sublethal doses of N. haje venom induced potent histopathological, histochemical, and pathophysiological alterations in the heart, liver, kidney, and brain of rats ([El-Fiky, 1999; Imam and Rahmy, 2001](#page-6-0)).These pathological changes included severe degrees of cellular damage concomitant with marked signs of both myolytic and coagulative necrosis [\(Rahmy and Hemmaid, 2000\)](#page-7-0).

AST and ALT enzymes are markers for cellular damage and ALT enzyme is essentially present in hepatocytes. These

<span id="page-4-0"></span>

Figure 2 (A) Untreated control kidney shows normal architecture.  $(B-D)$  Histological changes in the renal tissue of mice treated with N. haje crude venom. Treated kidney of mice appeared with moderate inflammatory cellular infiltration (star). Some kidney tubules are vacuolated (arrow head). Most of the glomeruli appeared shrunken (arrow). Sections were stained with hematoxylin and eosin.  $Bar = 25 \text{ µm}.$ 







venom.

Significant change at  $p \leq 0.05$  with respect to the control group.

enzymes are of importance in assessing and monitoring liver inflammation and necrosis which result in the release of both enzymes in circulation due to increased permeability of the cell membrane or breakdown of the cells ([Abdel Moneim et al.,](#page-6-0) [2013](#page-6-0)). Animals inoculated with copra venom showed an increase in AST and ALT activities as demonstrated by [James](#page-6-0) [et al. \(2013\)](#page-6-0) for Naja nigricollis in rats. Moreover, liver damage was found after bitten by the family of Elapidae ([Omran et al.,](#page-7-0) [2004](#page-7-0)).

Liver injury is among the common and most serious symptoms of cobra snake envenoming [\(Adzu et al., 2005\)](#page-6-0). In the present study, i.m. injection of 1/2 LD50 of N. haje venom induced histopathological alterations. The changes included variable degrees of cellular swelling, cytoplasmic changes, cellular necrosis and cellular damage accompanied with loss of the common architecture of the hepatic parenchyma at different stages of envenoming. The recorded cytoplasmic granulation of the hepatocytes was also observed by [Rahmy and Hemmaid](#page-7-0) [\(2000\)](#page-7-0). Cytoplasmic granulation and vacuolization suggested hydropic degeneration, which were accompanied by swelling of the hepatocytes after injection of 1/2 LD50. Cellular swelling might be due to the action of venom phospholipase, which causes disturbance of the cell membrane permeability with consequent influx of  $Na<sup>+</sup>$  and water [\(Segelke et al., 1998](#page-7-0)). [Chethankumar and Srinivas \(2008\)](#page-6-0) concluded that the exposure of cellular membranes to Naja naja venom phospholipase significantly decreased the Na<sup>+</sup>/K<sup>+</sup> ATPase activities, thereby altering the ionic gradients, disorganizing the membrane lipid bilayer and eventually leads to cell death. According to [Muker](#page-6-0)[jee and Maity \(1998\),](#page-6-0) the progression of hepatic cellular swelling together with the effect of the venom phospholipase on the membranous phospholipids during envenoming might be among the factors responsible for the rupture of the hepatic

Tissues and groups Parameter	Hepatic tissue		Renal tissue	
	Control	<b>SV</b>	Control	<b>SV</b>
ROS (µmol NBT/g tissue)	$720.62 \pm 57.77$	$2390.77 \pm 13.19$	$282.46 \pm 11.88$	$1284.62 \pm 117.24$
$H_2O_2$ (mM/g tissue)	$1.08 \pm 0.394$	$0.84 \pm 0.759$	$1.09 \pm 0.749$	$1.12 \pm 0.609$
$LPO$ (nmol/g tissue)	$17.03 \pm 0.780$	$18.20 \pm 0.356$	$6.70 \pm 0.339$	$12.562 \pm 0.452$
$NO$ ( $\mu$ mol/g tissue)	$97.39 \pm 6.468$	$114.16 \pm 0.548$	$43.64 \pm 1.827$	$49.354 \pm 2.541$
$GSH$ (mg/g tissue)	$20.34 \pm 2.953$	$18.93 \pm 2.973$	$20.59 \pm 1.894$	$17.08 \pm 2.810$
$SOD$ (U/g tissue)	$1000 \pm 14.999$	$787.380 \pm 11.710^{\degree}$	$1978 \pm 29.029$	$1879 \pm 18.537$
$CAT$ (U/g tissue)	$0.534 \pm 0.013$	$0.422 \pm 0.053$	$1.842 \pm 0.030$	$1.779 \pm 0.149$

<span id="page-5-0"></span>Table 4 Effect of N. haje envenomation on ROS, H<sub>2</sub>O<sub>2</sub>, MDA, NO and GSH levels and SOD and CAT activities in hepatic and renal tissues of mice

Values are means  $\pm$  SEM (*n* = 6). SV: represented *N*. *haje* crude venom.<br>\* Significant change at *p* < 0.05 with respect to the control group.



Figure 3 Effect of N. haje envenomation on renal and hepatic carbonyl protein content of mice. Values are means  $\pm$  S.E  $(n = 6)$ . SV: represented *N. haje* crude venom. \*Significant change at  $p \leq 0.05$  with respect to the control group.

cell membranes and the occurrence of the recorded cellular damage of envenoming as seen in the present study.

Hypertrophied von-Kupffer cells were reported by [Rahmy](#page-7-0) [and Hemmaid \(2000\)](#page-7-0) in hepatic parenchyma of mice envenomed with N. haje snake venom. The activation of these cells indicated the phagocytic action of the hepatic tissues as a response to cell injury and as a defense against envenoming ([Rahmy et al., 2005\)](#page-7-0).

The tubular lesions observed in the renal tissue from envenomated animals were accompanied by invasion of inflammatory cells to the intertubular tissues in a trial to minimize the injury. Some of these external stressors apparently caused the tubular lesions. Renal tubules appeared with cytoplasmic vacuolation which is mainly a consequence of considerable disturbances in lipid inclusions and fat metabolism occurring under pathological cases [\(Ebaid et al., 2007](#page-6-0)).

In the present work, the increment in serum urea and creatinine levels and the reduction in uric acid of envenomated mice compared to the control group indicated the impairment of renal function. Renal damages with different types of lesions (glomerular, tubular, interstitial or vascular) and the increase in the urea serum level were also recorded by [Schneemann](#page-7-0) [et al. \(2004\).](#page-7-0) However, the precise mechanisms whereby the

venoms cause alterations of these parameters are not fully known. It might be assumed that the changes in levels of these serum constituents could be due to disturbances in renal function as well as hemorrhages in some internal organs. In fact, increased vascular permeability and hemorrhages in vital organs due to the toxic action of various snake venoms were de-scribed by [Meier and Stocker \(1991\)](#page-6-0) and [Marsh et al. \(1997\).](#page-6-0)

The results of this study also demonstrated that envenomation by N. haje venom caused a significant increase in free radicals and other reactive oxygen species levels with a concomitant increase in LPO in hepatic and renal homogenates. ROS is known to play an important role in tissue damage in a variety of pathological processes [\(Kumar et al., 2006](#page-6-0)). Over-production of ROS leads to oxidative damage to macromolecules, resulting in lipid peroxidation and breakage of DNA [\(Chaudhuri et al., 2008](#page-6-0)). The lethal effects of snake venom were largely attributed to its active ingredient of phospholipase A2 (PLA2). Phospholipid hydrolysis by PLA2 enzyme releases arachidonic acid whose metabolism results in the formation of potentially toxic ROS and lipid peroxides ([Adibhatla et al., 2003; Abdel-Rahman et al., 2013](#page-6-0)).

To understand this type of envenomation and improve the therapeutic strategy, besides clinical and epidemiological studies, it is necessary to understand the role of inflammatory mediators such as NO, cytokines and the complement system. NO also participates in the pathogenesis of snake envenomation by two different mechanisms; it may lead to tissue damage due to its ability to generate peroxynitrite and hydroxyl radicals after interaction with superoxide ions and it may provoke hypotension by its vasodilator action ([Radi et al., 1991; Hogg](#page-7-0) [et al., 1992\)](#page-7-0). The precise function of NO in snake envenomation has yet to be investigated, but it is probably important in systemic effects caused by snake envenomation. Moreover, the mechanism by which snake venoms induce the production of cytokines and NO is unknown [\(Petricevich et al., 2000\)](#page-7-0).

SOD as antioxidant enzyme takes part in maintaining GSH homeostasis in tissues ([Abdel-Moneim et al., 2010](#page-6-0)). Also, the decrease in CAT and SOD activities was found to correlate with elevated LPO and NO levels and depressed GSH level in envenomated mice, showing the oxidative activity of snake venom.

### 5. Conclusion

On the basis of the results obtained from our study, it can be stated that the damage in hepatic and renal tissues caused by <span id="page-6-0"></span>snake envenomation is related to its oxidative stress. Also, such injury could be considered among the factors that lead to death caused by N. haje snake. Therefore, further detailed studies on time and dose dependent manner and isolated purified venom toxins are essentially required in order to clarify the mechanism of action of this venom.

#### Conflict of interest

The authors have no relationships with any person that may be considered conflict of interest.

#### Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at [http://dx.doi.org/10.1016/j.jksus.2014.](http://dx.doi.org/10.1016/j.jksus.2014.01.003) [01.003](http://dx.doi.org/10.1016/j.jksus.2014.01.003).

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