Journal of King Saud University - Science 34 (2022) 102265

Contents lists available at ScienceDirect

Journal of King Saud University – Science

journal homepage: www.sciencedirect.com

Original article

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Ecogenotoxicological studies for an early toxicity screening and monitoring in *Epinephalus chlorostigma* and *Scamberomorus commerson*



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ARTICLE INFO

Article history: Received 9 May 2022 Revised 16 July 2022 Accepted 31 July 2022 Available online 6 August 2022

Keywords: Fish DNA damage Biomarker Water Pollution

ABSTRACT

The current research work was planned to investigate genotoxicity in fish to screen and monitor the aquatic ecosystem. Epinephalus chlorostigma (Hamour) was collected from the contaminated areas of "Tarut Island" (26.571°N 50.056°E) in the Arabian Gulf near Dammam, Saudi Arabia. DNA fragmentation was detected by Comet assay and Micronucleus assay. Heavy metals' water quality parameters and concentrations (Pb, Cr, Zn, Mn, Cu, Cd, Sn, and Hg) were extensively higher than the WHO permissible limits. They were more than enough to have adverse effects on fish health. The highest DNA fragmentation was observed in E. chlorostigma, indicating its most heightened sensitivity to pollution. E. chlorostigma showed comet head diameters 63.33 ± 2.2, 83.59 ± 3.38, and 66.28 ± 2.13px from S1-S3, respectively. *E. chloros*tigma erythrocytes showed comet tail lengths as 16.66 ± 1.65 , 16.20 ± 1.63 , and 19.07 ± 1.81 px from S1-S3. DNA damage was found to be 19.14 ± 1.38, 16.38 ± 1.26, and 19.95 ± 1.33 % from S1-S3, respectively. The tail moment was observed as 6.46 ± 0.79 , 4.72 ± 0.69 , and 7.14 ± 1.08 , while the olive moment was recorded as 5.31 ± 0.51 , 5.14 ± 0.52 , and 6.01 ± 0.49 , respectively from S1-S3. The highest frequency for single micronucleus induction, double micronucleus induction, and nuclear abnormalities was observed in E. chlorostigma collected from the polluted site of the study area. This study proposes that this fish species and novel DNA damage assays could be the best tools for toxicity screening and monitoring water bodies.

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1. Introduction

The global human population is facing health issues due to the residual effects of synthetic chemicals. Coastal pollution caused by human activities is a worldwide issue despite international agreements such as the London Convention and the Law of the Sea Convention, which prohibit the release of toxic contaminants into the sea and establishes local regulations to prevent and control marine pollution. The efforts to conserve coastal and estuarine ecosystems have so far failed to restore former ecosystem structure and function, resulting in species extinction and depletion, habitat

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Peer review under responsibility of King Saud University.



destruction, water quality degradation, and decline of these ecosystems (Lotze et al. 2006). Many scientists have performed good scientific studies regarding water pollution in the past few decades (Hussain et al. (2021). However, contamination of our ecosystems is still one of the most worrying issues (Bianchi et al., 2015). Fish is an important model organism in food to indicate the health of aquatic ecosystems. Fish can bioaccumulate toxic substances that ingest contaminated food and water directly through the gills and mouth. Various researchers used to fish as a model for a reliable evaluation of pollutants and their potential to cause genotoxicity (Cavas and Gozukara 2005). The comet and micronucleus tests are used to study the genotoxic effect of contaminants in aquatic animals (Žegura et al., 2009).

Water quality degradation is linked to eco-physiologically effects on aquatic organisms, including fish (Hued and Bistoni 2005). Aquatic organisms tend to counter the toxicity generated by xenobiotics (Udroiu 2006), applying general toxicity biomarker criteria to fish (Stegeman, 1992). Physiological and biochemical parameters have a broader role in indicating water quality and identifying sublethal impacts of water contamination. Heavy

https://doi.org/10.1016/j.jksus.2022.102265

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metals and polycyclic aromatic hydrocarbons could cause genotoxicity in aquatic animals, and microbial toxins have been reported by Igwilo et al. (2006) and Kaufman et al. (2011), and Smith (1996). Genotoxicants lead to single and double-strand breaks (Spencer et al. 1996) and act as pre-mutagenic lesions (Kaufman et al. 2011). Such alterations may provide a crucial indication of oxidative damage to the DNA. The present study was aimed to evaluate the genotoxic effect of heavy metals through comet assay and micronucleus assay in fish *E. chlorostigma*, collected from the Tarut island, the Arabian Gulf.

2. Materials and methods

2.1. Water sampling and analyses

Water samples were collected using a water sampler in water bottles from selected sites (S1-S3) of the fish harvest. All water samples were analyzed for selected water quality parameters and heavy metals. Five water samples of volume 1.5L each was collected from each site and analyzed by the protocol described by Boyd (1981). Concentrations of heavy metals were determined by metal kits (Spectroquant[®] Analysis System, Merck) and atomic absorption Spectrophotometer (2000 series, H-Tech. Corp. Tokyo, Japan).

2.2. Fish procurement and blood sampling

E. chlorostigma was collected from the highly contaminated area "Tarut Island" of the Arabian Gulf near Dammam, Saudi Arabia (Tarut Island 26.571°N 50.056°E). Five fish specimens were collected from the three pre-selected locations (S1, S2, and S3). Fish blood was collected from the caudal vein of each specimen with the help of a 5 cc disposable syringe. Although fresh blood was used for tests, the remaining blood was preserved in heparincoated tubes for four days. The weight of collected fish specimens ranged from 950 to 1200 g each. Fishes upstream to this polluted area and non-polluted areas were considered a control.

2.3. Comet assay

Fresh blood was used for the comet assay. 40 μ L of blood sample was diluted with phosphate buffer saline and stored in ice. This

0.014c

0.094ef

0.035f

0.020d

0.038d

0.020e

0.103c

0.022c

0.087c

1.22 h

1.9i

1.04j

Water quality parameters (mgL⁻¹)

±

±

±

±

±

±

±

±

±

±

±

±

Table 1

Sites

S1

S2

\$3

S1

S2

S3

S1

S2

<u>S</u>3

S1

S2

S3

Lead

2.043

1.749

1729

Copper 1.670

1.622

1.557

10.39

10.30

10.06

BOD

78.56

67.47

55.43

pН

Water quality parameters recorded in the fish collected from different sampling sites of Tarut Island, Arabian Gulf, near Dammam, Saudi Arabia (Mean ± SE).

0.023d

0.011f

0.013e

0.005b

0.001b

0.003b

2.717 cd

1.409d

4.407e

1.48b

2.88d

1.4e

Chromium

Cadmium

±

±

±

±

±

±

±

±

±

±

±

±

0.527

0.431

0357

0.183

0.182

0.180

Sulfates

435.00

420.71

410.57

195.43

183.00

174.00

COD

throcytes were suspended in low melting agarose on clean microscopic slides and then immersed in lysing buffer for one hour at 4 °C. This step will help in the unwinding of DNA. Slides were subjected to electrophoresis in an electrophoresis buffer (20 min, 300 mA, \sim 25 V) and then neutralized (washed thrice for 5 min in buffer). Ethidium bromide was used to stain slides. Slides were then examined under a fluorescent microscope. Genetic damage was measured in 250 random cells using Comet Score Freeware 1.6.1.13.

2.4. Micronucleus test

Blood smearing was performed on slides immediately after sampling. These slides were air-dried at room temperature, and slides were then fixed in cold Corney fixative for five minutes and left to dry at room temperature. Slides were then stained in aqueous 10 % Giemsa stain for 40 min. Micronuclei induction frequencies and RBC nuclear abnormalities were calculated under a binocular microscope at 600x magnification. Each fish was analyzed for a total of 35,000 erythrocytes. The frequencies of micronuclei induction were scored according to the protocol adopted by Carrasco et al. (1990) and Cavas and Gozukara (2005).

2.5. Statistical analysis

Standard error and analysis of variance (ANOVA) SPSS 9 software were used to work out means. DMR test was used to compare means, and P < 0.05 was considered significant. DNA fragmentation through Comet assay was analyzed by TriTek Comet Score[™] Freeware 1.6.1.13 by Tritek Corporation.

3. Results

Zinc

Tin

0.344

0.339

0331

0.436

0.379

0.366

Salinity

1942.86

1771.43

1414.29

Phenols

2.19

1.91

1.80

±

±

±

±

±

±

±

±

±

±

±

±

3.1. Water quality

The mean pH TDS, TSS, salinity, and conductivity values were observed gradually decreasing trends at S1, S2, and S3. The water samples collected from S1, S2, and S3 showed a decreasing trend in BOD, COD, sulfates, and phenol. This decreasing trend in the water quality parameters is probably due to dilution from water

0.003d

0.002d

0.003q

0.009c

0.008d

0.011d

20.2f

18.44 g

14.29 h

0.012d

0.014ef

0.018f

Manganese

2.12

2.02

1 86

1.079

1.067

0.912

Mercury

TDS

2397.86

2269.0

2071.14

3.17

3.08

2.81

Conductivity mS/m

±

±

±

±

±

±

±

±

 \pm

±

±

±

0.025c

0.037d

0.040e

0.044bc

0.016bc

0.020a

1.24 g

11.3i

0.26j

0.061b

0.041e

0.061f

| Means sharing a similar letter in a row or in a column are statistically non-significant (P > 0.05). BOD; Biochemical Oxygen demand, COD; Chemic | al Oxygen demand. S1-S3 |
|--|-------------------------|
| Polluted experimental sites. | |



Fig. 1. Comet Assay images of fish *E. chlorostigma*. Contol fish were showing normal erythrocytes (A) Fish erythrocytes indication DNA damage and comet tail formation 60x (B). Fish erythrocyte was analyzed through TriTek Comet Score Freeware 1.6.1.13, indicating significant DNA damage (C). Fish erythrocytes indicate migration of DNA from the core head region 100x (D).

| able 2 |
|--|
| omet assay results concerning species, site, and type interaction in <i>E. chlorostigma</i> collected from Tarut Island, Arabian Gulf near Dammam, Saudi Arabia. |

| Sites | Head diameter (px) | Tail length (px) | % DNA in Comet tail | Tail moment | Olive moment |
|-----------------|---------------------|------------------|---------------------|-----------------|-----------------|
| Species and si | te interaction | | | | |
| S1 | 63.33 ± 2.20d | 16.66 ± 1.65b | 19.14 ± 1.38a | 6.46 ± 0.79b | 5.31 ± 0.51a |
| S2 | 83.59 ± 3.38bc | 16.20 ± 1.63bc | 16.38 ± 1.26b | 4.72 ± 0.69c | 5.14 ± 0.52a |
| S3 | 66.28 ± 2.13d | 19.07 ± 1.81d | 19.95 ± 1.33a | 7.14 ± 1.08a | 6.01 ± 0.49c |
| Mean | 71.07 ± 1.56C | 17.31 ± 0.98C | 18.49 ± 0.77A | 6.11 ± 0.50B | 5.49 ± 0.29B |
| Species, site a | nd type interaction | | | | |
| S1. + ve | 59.96 ± 4.32k-n | 16.70 ± 3.73h-n | 16.58 ± 2.32d-h | 5.64 ± 1.68d-h | 4.34 ± 0.92e-h |
| S1. F | 67.06 ± 1.61j-m | 3.42 ± 0.991mn | 4.61 ± 1.15hij | 0.54 ± 0.29h | 1.02 ± 0.30gh |
| S1. P | 88.10 ± 4.85f-j | 39.92 ± 3.31b-f | 42.21 ± 2.06a | 17.71 ± 1.79abc | 13.58 ± 1.06ab |
| S1. U | 38.20 ± 2.86n | 6.58 ± 1.26k-n | 13.18 ± 1.96d-j | 1.96 ± 0.59h | 2.28 ± 0.38fgh |
| S2. + ve | 122.32 ± 8.53b-e | 14.08 ± 3.48i-n | 13.31 ± 2.40d-j | 2.54 ± 0.99gh | 5.07 ± 1.13d-h |
| S2. F | 63.10 ± 2.40j-n | 1.46 ± 0.51n | 4.77 ± 0.97hij | 0.20 ± 0.11h | 0.92 ± 0.21gh |
| S2. P | 59.88 ± 3.81k-n | 27.12 ± 3.16d-k | 31.26 ± 2.41abc | 10.30 ± 1.79b-h | 8.10 ± 1.04b-f |
| S2. U | 89.06 ± 6.46f-j | 22.14 ± 3.62f-n | 16.17 ± 2.45d-i | 5.83 ± 1.54d-h | 6.48 ± 1.18c-h |
| S3. + ve | 69.80 ± 5.67j-m | 13.22 ± 2.33i-n | 18.05 ± 2.67def | 5.32 ± 1.21d-h | 5.47 ± 1.02d-h |
| S3. F | 46.48 ± 0.85mn | 1.68 ± 0.60n | 4.46 ± 1.14hij | 0.33 ± 0.13h | 0.70 ± 0.19h |
| S3. P | 77.06 ± 4.06g-l | 28.44 ± 2.82d-j | 21.84 ± 2.21bcd | 7.81 ± 1.57c-h | 5.88 ± 0.60c-h |
| S3. U | 71.76 ± 3.61i-m | 32.94 ± 5.17c-i | 35.45 ± 2.36a | 15.10 ± 3.57a-d | 11.99 ± 1.06abc |
| | | | | | |

Means sharing similar letters in a row or a column are statistically non-significant (P > 0.05). Small letters represent comparison among interaction means, and capital letters are used for the overall mean. S1-S3 are Experimental polluted sites, Type; fish types, i.e., four categories of experimental fish species +ve; Positive control fish, F; (-ve control) fish, P; Polluted area fish, U; fish from upstream area.

in the coming upstream areas. Almost all heavy metals showed a decreasing trend from S1, S2 and S3, probably due to sedimentation or dilution by water from upstream (Table 1).

3.2. Genotoxicity in fish

E. chlorostigma was used to study the genotoxic potential of pollution in the vicinity of this fish. *E. chlorostigma* showed comet head diameters 63.33 ± 2.2 , 83.59 ± 3.38 , and 66.28 ± 2.13 px from S1-S3, respectively. Fish *E. chlorostigma* erythrocytes showed comet tail lengths of 16.66 ± 1.65 , 16.20 ± 1.63 , and 19.07 ± 1.81 px from S1-S3, respectively (Fig. 1). DNA damage was found to

be 19.14 \pm 1.38, 16.38 \pm 1.26, and 19.95 \pm 1.33 % from S1-S3, respectively. The tail moment was found to be 6.46 \pm 0.79, 4.72 \pm 0.69, and 7.14 \pm 1.08, while the olive moment was found to be 5.31 \pm 0.51, 5.14 \pm 0.52, and 6.01 \pm 0.49, respectively from S1-S3. Overall comparison of *E. chlorostigma* from all locations and types indicated significant differences. In the case of % DNA in the tail at different sites, a highly significant difference (P < 0.01) was found except for site and species interaction, where it was found statistically non-significant (P > 0.05). These differences were also highly significant (P < 0.01) in species into a type of interaction. Sites, species, and type interactions also showed significant results (P < 0.01). The highest concentration of DNA in the

fish's tail (42.21 \pm 2.06 %) was harvested from the polluted area of Tarut Island at S1. It was gradually reduced to 31.26 ± 2.41 % at site S2 and 21.84 ± 2.21 % at site S3 (Table 2). It may be because the polluted water was diluted from the upstream area of Tarut Island.



Fig. 2. Micronucleus assay of fish (*E. chlorostigma*) blood harvested from polluted area indicating significant micronucleus induction.

This significant dilution of wastewater was also found in water quality parameters, especially metal concentrations. E. chloros*tigma* collected from the polluted site showed a higher frequency for single micronucleus induction at 50.0 ± 6.3 ‰, double micronucleus induction at 14.4 ± 2.5 ‰, and nuclear abnormalities at 15. 0 ± 2.9 %, respectively (Fig. 2). The fish harvested from the nonpolluted site showed a single micronucleus induction, double micronucleus induction, and nuclear abnormalities of 4.2 ± 0.13 %, 0.6 ± 0.4 %, and 4.40 ± 1.2 %, respectively (Table 3). Head diameter was significantly correlated to BOD, COD, and phenolic polycyclic aromatic hydrocarbons. The tail moment was positively correlated to olive moment, while it showed a non-significant relation to TSS, BOD, COD Phenols, and SO₄. DNA in the comet tail here, in this case, showed non-significant relations to all physicochemical parameters (Table 4). In the case of the correlation matrix for DNA damage and heavy metals. DNA in the comet tail showed non-significant relations to all heavy metals. Still, some metals significantly correlated to some of the comet assay parameters. Head diameter was significantly correlated to copper and showed tendencies to move towards significance for chromium. The tail moment was significantly correlated to the olive moment (Table 5).

Table 3

Comparison of means ± S.E for single/double micronucleus induction frequency and nuclear abnormalities.

| Туре | E. chlorostigma | | | | | | | | | |
|--------------------------------|-----------------|---|---------|-------|---|--------|-------|---|---------|--|
| | SMN ‰ | | | DMN ‰ | | | NA% | | | |
| Polluted (Mean from all sites) | 50.00 | ± | 6.30a | 14.40 | ± | 2.56a | 15.00 | ± | 2.92abc | |
| Upstream | 14.80 | ± | 3.12 cd | 2.80 | ± | 1.02b | 08.80 | ± | 1.16a-d | |
| Control | 04.20 | ± | 0.13 cd | 0.60 | ± | 0.40b | 04.40 | ± | 1.21d | |
| +ve Control | 52.60 | ± | 5.22a | 8.60 | ± | 1.89ab | 14.60 | ± | 3.03abc | |

SMN: single micronucleus, **DMN**: double micronucleus, NA: Nuclear abnormalities, Means sharing similar letters in a row or in a column are statistically non-significant (P > 0.05).

Table 4

Correlation matrix for DNA damage and physicochemical parameters.

| | D-tail | H-dia. | T-leng. | T-mo. | 0-mo. | рН | TDS | TSS | Sal. | Cond. | BOD | COD | Phen |
|--------|--------|--------|---------|--------|--------|---------|-------------|-------|--------|-------|--------|--------|-------|
| H-dia. | -0.512 | | | | | | | | | | | | |
| | 0.658 | | | | | | | | | | | | |
| T-len. | 0.904 | -0.096 | | | | | | | | | | | |
| | 0.281 | 0.939 | | | | | | | | | | | |
| T-mo. | 0.826 | 0.061 | 0.988 | | | | | | | | | | |
| | 0.381 | 0.961 | 0.100 | | | | | | | | | | |
| 0-mo. | 0.786 | 0.129 | 0.975 | 0.998* | | | | | | | | | |
| | 0.424 | 0.918 | 0.144 | 0.043 | | | | | | | | | |
| pН | -0.689 | 0.975 | -0.313 | -0.161 | -0.093 | | | | | | | | |
| | 0.516 | 0.142 | 0.797 | 0.897 | 0.941 | | | | | | | | |
| TDS | -0.668 | 0.981 | -0.286 | -0.132 | -0.065 | 1.000* | | | | | | | |
| | 0.535 | 0.123 | 0.0815 | 0.915 | 0.959 | 0.180 | | | | | | | |
| TSS | -0.141 | 0.923 | 0.295 | 0.441 | 0.501 | 0.815 | 0.831 | | | | | | |
| | 0.910 | 0.252 | 0.8.9 | 0.709 | 0.666 | 0.393 | 0.375 | | | | | | |
| Sal. | -0.681 | 0.978 | -0.303 | -0.150 | -0.082 | 1.000** | 1.000^{*} | 0.821 | | | | | |
| | 0.523 | 0.135 | 0.804 | 0.904 | 0.948 | 0.007 | 0.011 | 0.386 | | | | | |
| Cond. | -0.718 | 0.965 | -0.352 | -0.201 | -0.134 | 0.999* | 0.998* | 0.790 | 0.999* | | | | |
| | 0.490 | 0.168 | 0.771 | 0.871 | 0.914 | 0.026 | 0.045 | 0.420 | 0.034 | | | | |
| BOD | -0.548 | 0.999* | -0.138 | 0.018 | 0.087 | 0.984 | 0.989 | 0.906 | 0.986 | 0.976 | | | |
| | 0.631 | 0.027 | 0.912 | 0.988 | 0.945 | 0.114 | 0.096 | 0.279 | 0.107 | 0.141 | | | |
| COD | -0.490 | 1.000* | -0.071 | 0.086 | 0.154 | 0.970 | 0.976 | 0.932 | 0.972 | 0.958 | 0.998* | | |
| | 0.674 | 0.016 | 0.955 | 0.945 | 0.902 | 0.158 | 0.139 | 0.236 | 0.151 | 0.184 | 0.043 | | |
| Phen | -0.449 | 0.997* | -0.025 | 0.132 | 0.199 | 0.957 | 0.965 | 0.948 | 0.960 | 0.944 | 0.994 | 0.999* | |
| | 0.703 | 0.045 | 0.984 | 0.916 | 0.872 | 0.187 | 0.169 | 0.206 | 0.180 | 0.213 | 0.073 | 0.029 | |
| SO_4 | -0.220 | 0.951 | 0.217 | 0.368 | 0.430 | 0.859 | 0.873 | 0.997 | 0.864 | 0.837 | 0.937 | 0.958 | 0.970 |
| | 0.859 | 0.201 | 0.861 | 0.760 | 0.717 | 0.342 | 0.324 | 0.057 | 0.335 | 0.369 | 0.228 | 0.185 | 0.155 |

Upper values indicate Pearson's correlation coefficient; Lower values indicate a significance level at 5 % probability. Non-significant (P > 0.05); Significant (P < 0.05); Highly significant (P < 0.01), p-tail; % DNA in tail, H-dia; Head diameter, *T*-length; Tail length, *T*-mo; Tail moment, O-mo; Olive moment, TDS; Total Dissolved Solids, TSS; Total Suspended Solids, Sal; Salinity, Cond; Conductivity, BOD; Biochemical Oxygen Demand, COD; Chemical Oxygen Demand, Phen; Phenols.

Table 5

Correlation matrix for DNA damage and selected heavy metals.

| | D-tail | H-dia. | T-len. | T-mo. | O-mo. | Cd | Cu | Mn | Zn | Pb | Cr | Sn |
|----------------|--------|--------|--------|--------|--------|-------|--------|-------|-------|--------|-------|-------|
| Head diameter | -0.512 | | | | | | | | | | | |
| | 0.658 | | | | | | | | | | | |
| Tail length. | 0.904 | -0.096 | | | | | | | | | | |
| | 0.281 | 0.939 | | | | | | | | | | |
| Tail moment | 0.826 | 0.061 | 0.988 | | | | | | | | | |
| | 0.381 | 0.961 | 0.100 | | | | | | | | | |
| Olive moment. | 0.786 | 0.129 | 0.975 | 0.998* | | | | | | | | |
| | 0.424 | 0.918 | 0.144 | 0.043 | | | | | | | | |
| Cadmium (Cd) | -0.594 | 0.995 | -0193 | -0.037 | 0.131 | | | | | | | |
| | 0.595 | 0.063 | 0.876 | 0.976 | 0.980 | | | | | | | |
| Copper (Cu) | -0.463 | 0.998* | -0.040 | 0.117 | 0.184 | 0.988 | | | | | | |
| | 0.694 | 0.036 | 0.875 | 0.925 | 0.882 | 0.098 | | | | | | |
| Manganese (Mn) | -0.728 | 0.962 | -0.366 | -0.215 | -0.148 | 0.984 | 0.945 | | | | | |
| | 0.481 | 0.177 | 0.762 | 0.862 | 0.905 | 0.114 | 0.213 | | | | | |
| Zinc (Zn) | -0.133 | 0.920 | 0.303 | 0.448 | 0.508 | 0.876 | 0.940 | 0.776 | | | | |
| | 0.915 | 0.257 | 0.804 | 0.704 | 0.611 | 0.320 | 0.221 | 0.434 | | | | |
| Lead (Pb) | 0.238 | 0.956 | 0.199 | 0.350 | 0.413 | 0.923 | 0.971 | 0.839 | 0.994 | | | |
| | 0.847 | 0.189 | 0.872 | 0.772 | 0.729 | 0.252 | 0.153 | 0.366 | 0.068 | | | |
| Chromium (Cr) | -0.416 | 0.994 | 0.012 | 0.168 | 0.235 | 0.979 | 0.999* | 0.926 | 0.957 | 0.982 | | |
| | 0.727 | 0.069 | 0.992 | 0.892 | 0.849 | 0.132 | 0.033 | 0.246 | 0.188 | 0.120 | | |
| Tin (Sn) | -0.276 | 0.967 | 0.160 | 0.131 | 0.235 | 0.937 | 0.980 | 0.860 | 0.989 | 0.999* | 0.989 | |
| | 0.822 | 0.164 | 0.898 | 0.797 | 0.754 | 0.226 | 0.128 | 0.341 | 0.093 | 0.025 | 0.095 | |
| Mercury (Hg) | -0.925 | 0.799 | -0.675 | -0.551 | -0.493 | 0.854 | 0.764 | 0.933 | 0.498 | 0.588 | 0.429 | 0.620 |
| | 0.247 | 0.411 | 0.528 | 0.628 | 0.672 | 0.348 | 0.446 | 0.234 | 0.668 | 0.600 | 0.480 | 0.574 |

Upper values indicate Pearson's correlation coefficient; Lower values indicate a significance level at 5 % probability. Non-significant (P < 0.05); Significant (P < 0.05); Highly significant (P < 0.01), D-tail; % DNA in tail, H-dia; Head diameter, T-leng; Tail length, T-mo; Tail moment, O-mo; Olive moment.

4. Discussion

Water is a precious, valued resource, and the increasing pollution is a cause for alarm to save and make sustainable use of this minute amount of water because more than 97 % of all the water on this planet is salty or polluted, and a majority of the remaining 3 % proportion was frozen in icecaps. In this project, all physicochemical parameters showed higher values making this water unusable. Muhirwa et al. (2010), in their study, demonstrated that higher pH was due to effluents indicating the alkalinity of the water. The present findings substantiate the previous results that untreated discharge from various sources increased the alkalinity of the water sample collected from polluted sites of Tarut Island. With the flow of water, pH value decreases, and the same was observed in the present project results at sites RS1-RS3, and these findings are supported by the findings of Nhapi et al. (2011). The water samples collected from polluted area sites showed the TDS values significantly. Aza-Gnandji et al. (2013) and Prasanna and Ramesh (2013) also reported a higher concentration of dissolved solids than permissible limits in the Pazhayar River. Salinity and conductivity also showed a similar pattern of dilution. These findings agreed with Nkuranga (2007), who attributed the significant values of conductivity found in the Nyabugogo Swamp. These higher limits are in line with Nhapi et al. (2011). They also reported that the high BOD value when found might be due to the discharge of organic wastes into the water, ensuing in the uptake of oxygen for an oxidative breakdown of these wastes. They also reported that the high BOD and COD, higher amount of organic matter, and dissolved solids indicated the higher intensity of pollution entering the study area. These phenol findings corroborate with Sprynsky et al. (2007), who found higher concentrations of the phenols in surface waters. Such higher concentrations also confirm the findings of Zhong et al. (2013), who reported that higher values offer potential stress to an aquatic environment. Phenols in marine ecosystems are also related to industrial and municipal sewage generation and the production degradation of numerous pesticides. Both phenols and catechols were reported as harmful ecotoxins (Michałowicz & Duda, 2007; Pulkrabová et al., 2007; Havelková et al., 2008; Dû-Lacoste et al., 2012).

Staniskiene et al. (2006) found elevated levels of Cd in fish flesh (0.140 mg/kg) even from Elektrenai Pond, indicating the pollution and uptake of Cd from the healthy environment of the pond. Nriagu (1989) also found a higher concentration of Cd and reported exceeded level of biogenic inputs of such metals. Staniskiene et al. (2006) also indicated that a considerable amount of Cu in the fishes' flesh was due to environmental copper pollution (Kar et al., 2008). Staniskiene et al. (2006) reported the dispersion of Pb in fish bones and found the highest amount of Pb in the fishbone as 3.30 mg/kg only due to the lead polluted environment (Yousafzai et al., 2008; Pandey et al., 2010; Muiruri et al., 2013). Staniskiene et al. (2006) also reported the dissemination of Cr in the fish tissues inhabiting the Cr polluted environment (Pandey et al., 2010; Muiruri et al., 2007 reported higher concentrations of Sn and Hg.

Fish procured from polluted environments showed a considerably higher number of micronuclei and chromosomal aberrations than fish from the non-polluted site here in this study, as shown by the fish from upstream areas and -ve control, corroborating the findings of Flammarion et al. (2002). Studies by Obiakor et al. (2010) also exposed dose and time response effects and relationships. Boettcher et al. (2010) account for large-scale mortalities due to water contamination. The present study also detected such fish kill due to waterways' contamination. Ramesh & Nagarajan (2013) revealed that industrial effluents cause DNA damage as determined by the comet tail length. The fish procured from a non-polluted site showed typical structures of the chromosomes, whereas registered alterations in the comet tail were reported in the individuals exposed to effluent. AL-Sharif (2012) studied cytogenetic aberrations in tilapia fishes caused by 4-nonylphenol. They exposed the fish to the said compound for one month with 0, 15, and 30 μ g/L dilutions. They analyzed the samples of the liver and gills for DNA and RNA amount, micronucleus induction, and nuclear abnormalities in treated fish. The fish exposed to the above-said concentrations reported a significant increase in the micronucleus frequency. Results from the comet assay indicated severe DNA damage at polluted sites.

In contrast, the minor DNA damage at a low contaminated site and this damage were found to be related to the intensity of the pollution (Seriani et al., 2012; Pavlica et al., 2011). Bresler et al. (1999) reported that with rapid industrialization and heavy pollution, DNA unwinding and fragmentation act as an excellent biomarker of genotoxicity with a complete histopathological examination (Barbosa et al., 2010 Pavlica et al., 2011). The regular analysis of genotoxicity in such fish species using consistent and simple assays could be used as a biomarker for screening water bodies.

5. Conclusion

Water bodies are a sink for industrial and domestic sewage waste disposal pollutants. The present study indicated the sensitivity of *E. chlorostigma*, a commercially popular fish species in the Kingdom that could be used as bioindicators to detect the health of a particular ecosystem. The genotoxicity assay like comet and micronucleus tests could be effectively used as an early warning and to devise monitoring strategies for fish health. The higher concentration of selected heavy metals in the study area exhibited quantifiable DNA damage in the fish collected from Tarut Island. It is because of environmental stressors and their susceptibility to diseases, potentially reducing their capacity to respond to environmental change and, ultimately, their survival.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgement

The authors express their sincere appreciation to the Researchers Supporting Project Number (RSP 2021/93) King Saud University, Riyadh, Saudi Arabia.

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