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Quantifying anticancer drug toxicity on white blood cell count in cancer patients: A mathematical and computational approach



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ABSTRACT

Objectives: White blood cells (WBCs) are immune cells that fight infections and cancers. However, many cancers and their treatment with chemotherapy negatively affect the WBCs count. For oncologists and physicians, it is important to know how much the WBCs count is affected to optimize drug administration. The data of breast cancer patients were included in this study because the largest number of cancer patients were suffering from breast cancer in the under-study hospital. This study presents a computational and mathematical approach to measure the effect on the WBCs count of breast cancer patients treated with chemotherapy with two anticancer drug combinations: docetaxel with cyclophosphamide (TC) and doxorubicin with cyclophosphamide (AC). Methods: Between July 2016 and October 2021, to breast cancer patients, 4 cycles of chemotherapy (one cycle of 21 days) were administered intravenously using TC (75 $mg/m^2 + 600 mg/m^2$). Similarly, varying in cases, intravenous AC (60 mg/m² + 600 mg/m²) was administered in each of the 4 cycles. The WBCs counts of the subjects affected by both TC and AC combinations were observed for comparison. An equation was derived to calculate the effect of TC and AC on WBCs count (eWBCc). The eWBCc of 171 patients who received TC and 154 patients who received AC were calculated by implantation of the derived equation using Python 3.8. Results: Comparing the results of 171 patients, it is observed that, TC affected WBC count of a patient at lowest level by 12.29%, at maximum level by 69.64%, and on average by 34.13%. Whereas, comparing the results of 154 patients, AC affected WBC count of a patient at lowest level by 19%, at maximum level by 65.03%, and on average, by 44.36%. A paired t-test was used to analyze the statistical differences between the eWBCc of both TC and AC cohorts. This test indicates a statistically significant difference between the eWBCc by TC and AC, as evidenced by the P-value of 0.000, which is less than the chosen significance level (alpha) of 0.05. Conclusion: We conclude that TC remains less toxic than AC in affecting white blood cells count of the studied patients.

1. Introduction

Cancer is a threatening disease that is treated by highly toxic anticancer drugs that leave many side effects (Adeel et al., 2019). The deficiency in white blood cells (WBCs) count is seen in different types of cancer and during chemotherapy using different anticancer drugs (Wu et al., 2019). WBCs also known as leukocytes play a major role in infection immunity. WBCs are of five major types including eosinophils, basophils, monocytes, lymphocytes (T cells, B cells, and Natural Killer cells), and neutrophils. WBCs make up 1 % of human blood. Medline-Plus, US National Library of Medicine (developed by National Institute of Health, US), reported that a cancer patient can acquire a low WBCs count from the tumor or from its chemotherapy (Gersten, 2021). Cancer in the bone marrow can cause fewer WBCs production. The WBCs count can also be decreased when cancer is treated with chemotherapy. The chemotherapy can negatively affect bone marrow hematopoiesis which causes the reduction of WBCs production.

Breast cancer in women has become a global cause for concern owing

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to its high occurrence all over the world (Kashyap et al., 2022). The most common cancers are breast cancer (in women) in the USA and lung cancer in China whereas lung cancer is the leading cause around the world (Xia et al., 2022). It was reported that through 23 years (between 1998 and 2020), 104,753 women with breast cancer were admitted in three major hospital of Punjab province of Pakistan. The immune system of patients with breast cancer is affected by a deficiency in WBCs. Immune status is a useful marker for predicting the risk of primary, recurrent, or metastatic (secondary) breast cancer (Standish et al., 2008).

Anticancer drugs can be categorized into different types (Fig. 1, see Supplementary Material). Depending on the stage, grade, and immune system of the patient, different drugs are selected for chemotherapy in breast cancer patients. Chemotherapy for breast cancer comprises eight cycles (Saarto et al., 1997). It was observed from the data of a government hospital that, in most breast cancer cases, patients were treated with two combinations. These combinations include docetaxel, cyclophosphamide (TC), and doxorubicin with cyclophosphamide (AC). Breast cancer and its treatment both affect WBCs (Park et al., 2019). These cells move through patients' tissues and bloodstream to respond to illness or injury by beating any strange microbes, such as viruses and bacteria that arrive in their body. Once a patient's WBCs reach the location of infection in the body, they attack the aggressor by supplying antibodies to the microbial tissue and clearing it.

Chemotherapy usually lowers the patient's WBCs count. Some cancer types that affect the bone marrow and blood can also decrease the WBCs count. These include lymphomas and multiple myeloma. A higher-than-normal range of monocytes or lymphocytes can signify the possibility of other types of malignancies. Some malignancies and their therapies may lead to neutropenia. Neutropenia is developed because of low counts of neutrophils which raises the possibility of microbial infections. To prevent a patient from developing neutropenia, clinicians lower the dose of chemotherapy, including diarrhea, sore throat, rash, chills, drainage from the ear, pain or burning with urination, fever, last longer cough, drainage from the central venous catheter site, stiff neck, any areas of warmth, redness, or other pain, which are sings of infections (Hassan et al., 2010). Thus, to improve the production of body neutrophils, clinicians usually prescribe medicine, such as WBC growth factors, in addition to antibiotics (Meckler and Lindemulder, 2009).

For oncologists and physicians, it is important to know how much WBCs count is affected to optimize drug administration (Ono et al., 2022) and WBCs count is also associated with cancer mortality (Jee et al., 2005). Thus, this study presents a mathematical and computational method to determine the effect on WBCs count of breast cancer patients treated with chemotherapy for four cycles with TC followed by four cycles with AC. This study may help clinicians to assess 1) the administration of drug dosage, 2) the best time for chemotherapy, 3) the time for medication to cure infections, 4) to select or reject the type of understudied drugs, 5) the mathematical observation of WBCs count, 6) the drug's overall trend in affecting the WBCs count, 7) the formula for calculating the effect on WBCs count, and 8) the comparison of TC and AC in affecting WBCs count.

2. Material and methods

The study was divided into two parts. In the first part, an equation was derived to calculate the effect on WBCs count in the understudied patients. The second part presents a comparative analysis of the data retrieved by the implementation of the derived equation using the WBCs count during the four cycles of chemotherapy for each cohort (TC and AC).

2.1. Study design

In this study, women with breast cancer treated chemotherapy in a governmental hospital were selected to observe the effect of TC and AC

on their WBCs counts during four cycles of chemotherapy with both combinations. This work was permitted (approval number 675/2016) by the ethical review committee, in Faisalabad, Pakistan. All patients provided written informed consent for the use of their white WBCs. Data from 668 breast cancer patients treated with chemotherapy were collected. After applying the exclusion and inclusion criteria (see the next subsection), we examined 459 cases in our records. Out of the 459, 134 subjects were excluded from the study because they were being treated with other drugs including tamoxifen, paclitaxel, and epirubicin. Thus, 171 of the remaining 325 patients were treated or were being treated for four cycles of chemotherapy with TC, and 154 women with breast cancer received or were being treated for the next four cycles of chemotherapy with AC.

2.2. Inclusion and exclusion criteria

The records of this study had data from different patients, because other studies were conducted along with this work. Thus, only patients who met the inclusion criteria (Table 1) were included in this study.

Data from the participants' charts and their follow-up reports were saved for this study in different sets of weights, ages, and geographical areas. Fig. 1 shows the comparison of age, weight, and area between the AC and TC cohorts.

2.3. Treatment

Intravenous TC (75 mg/m² + 600 mg/m²) was administered in each of the 4 cycles of chemotherapy (one cycle was of 21 days).Varying in cases, intravenous AC (60 mg/m² + 600 mg/m²) was administered in each of the 4 cycles. The WBCs counts of the subjects affected by both TC and AC combinations were observed for comparison.

2.4. Equation for the effect of anticancer drugs on patient's WBCs count

The percentage change in the new value in accordance with the old value was calculated mathematically using the following formula:

$$\% \text{ Change} = \frac{\text{Base Value} - CurrentValue}{\text{Base Value}} \times 100$$
(1)

Based on the above formula, Eq. (2) is derived which calculates the effect of TC and AC on WBCs count (*eWBCc*) of patients:

$$eWBCc = \frac{\sum_{n} \left(\frac{|bWBC-WBC_{n}|}{bWBC}\right) \times 100}{n}$$
(2)

where *bWBC* is the base value of the number of WBCs to give the initial value that was observed before chemotherapy and WBC_n is the number

Table 1

Inclusion and exclusion criteria for the patients for th	is study
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Inclusion Criteria		Exclusion Criteria	
Gender	female	Gender	male
Age	above 26 and below 61 years	Age	below 26 and above 61 years
Stage	I-III	Stage	IV
Grade	1 and 2	Grade	3
Histology	invasive ductal carcinoma	Histology	Other than invasive ductal carcinoma
Diabetes	non-diabetic	Diabetes	diabetic
Renal function tests	normal	Renal function tests	abnormal
ECOG	0–1	ECOG	two and above
Ejection fraction in echocardiography	5 %-70 %	Ejection fraction in echocardiography	less than 50 %

(ECOG, Eastern Cooperative Oncology Group).



Fig. 1. TC and AC cohorts' classification by age, weight, and geographical area (TC, docetaxel with cyclophosphamide; AC, doxorubicin with cyclophosphamide).

of WBCs observed after *n* chemotherapy cycles (1, 2, 3, and 4).

3. Results

3.1. Effect of TC and AC on patient's WBCs count

Python 3.8 was used to implement Eq. (2) providing a WBCs count of 154 patients during four cycles of chemotherapy with AC and a WBCs count of 171 patients during four cycles of chemotherapy with TC. Tables 2 and 3 show *eWBCc* values for AC and TC patients, respectively.

From Table 2, it is observed that comparing the results of 154 patients obtained from the implementation of Eq. (2), AC affects WBC count of patient number 110 at the lowest level is 19 %. However, at the maximum level, in these patients, the WBC count of patient number 84 was affected 65.03 % by AC. However, on average, AC remains toxic, affecting these patients WBC count of 44.36 %. Interviewing patient no. 110, it was found that the food and environment provided to this patient collectively played a vital role in controlling his WBC count. The same factors affected the WBC count of patient no. 84 at the maximum level among these patients. It has also been reported that WBC count is controlled by these factors (Mahdi and Kadhim, 2022). The WBC count of most of the patients in this study affected by AC remained in the range of 30 % to 40 %.

From Table 3, it is observed that comparing the results of 171 patients obtained from the implementation of Eq. (2), TC affects WBC count of the patient number 133 at the lowest level of 12.29 %. Whereas, At maximum level, in these patients, the WBC count of patient number 150 was affected 69.64 % by TC. However, on average TC remains toxic in affecting these patients WBC count by 34.13 %. Upon interviewing patient no. 133, it was found that the food and environment provided to this patient collectively played a vital role in controlling his WBC count. The same factors affected the WBC count of patient no. 150 at the maximum level among these patients. The WBC count of most of the patients in this study affected by AC remained in the range of 20 % to 30 %. The data listed in Tables 2 and 3 can be graphically observed in Fig. 2, which shows a dramatic difference between the effects of TC and AC on the patient's WBCs count. Fig. 2 shows that TC and AC both cause a low white blood cell count (neutropenia). However, the duration and

Table 2

Effect (in percentage) on white blood cells count of patients by doxorubicin with cyclophosphamide (AC).

#	eWBCcby AC	#	eWBCc by AC	#	eWBCc by AC	#	eWBCc by AC	#	eWBCc by AC	#	eWBCc by AC	#	eWBCc by AC
1	59.50	23	62.00	45	44.00	67	46.00	89	39.80	111	33.00	133	48.33
2	63.03	24	56.00	46	44.00	68	37.00	90	37.00	112	32.00	134	42.00
3	48.33	25	51.00	47	42.00	69	49.00	91	36.00	113	34.00	135	39.33
4	44.00	26	50.00	48	55.00	70	48.00	92	38.00	114	37.00	136	49.20
5	61.00	27	44.00	49	58.50	71	63.00	93	31.50	115	46.00	137	39.80
6	47.20	28	43.00	50	62.03	72	57.00	94	41.00	116	35.00	138	37.00
7	37.80	29	35.00	51	47.33	73	48.00	95	62.00	117	40.00	139	30.43
8	35.00	30	44.00	52	39.00	74	33.00	96	56.00	118	46.00	140	36.00
9	42.00	31	35.00	53	38.33	75	37.00	97	60.50	119	61.00	141	31.50
10	43.00	32	39.00	54	46.20	76	33.00	98	64.03	120	55.00	142	36.00
11	38.00	33	46.00	55	36.80	77	36.00	99	49.33	121	46.00	143	62.00
12	43.00	34	61.00	56	34.00	78	45.00	100	61.00	122	51.00	144	56.00
13	61.00	35	60.50	57	32.00	79	36.00	101	40.33	123	54.00	145	59.50
14	39.00	36	64.03	58	33.00	80	37.00	102	48.20	124	31.00	146	63.03
15	37.00	37	49.33	59	34.00	81	47.00	103	38.80	125	34.00	147	48.33
16	35.00	38	43.00	60	33.00	82	62.00	104	36.00	126	43.00	148	34.00
17	33.00	39	40.33	61	34.00	83	61.50	105	39.00	127	34.00	149	39.33
18	36.00	40	48.20	62	35.00	84	65.03	106	35.00	128	59.00	150	47.20
19	45.00	41	38.80	63	41.00	85	50.33	107	30.50	129	45.00	151	37.80
20	36.00	42	36.00	64	46.00	86	34.00	108	34.00	130	60.00	152	35.00
21	41.00	43	41.00	65	53.00	87	41.33	109	35.00	131	59.50	153	39.00
22	47.00	44	39.00	66	35.00	88	49.20	110	19.00	132	63.03	154	54.00

(eWBCc, effect of AC on WBCs count).

Table 3

Effect on white blood cells count of patients by docetaxel with cyclophosphamide
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#	eWBCcby TC	#	eWBCc by TC	#	eWBCc by TC	#	eWBCc by TC	#	eWBCc by TC	#	eWBCc by TC	#	eWBCc by TC
1	14.29	26	18.00	51	49.91	76	28.73	101	14.00	126	43.24	151	68.00
2	21.19	27	26.00	52	43.24	77	18.64	102	14.29	127	66.64	152	45.00
3	35.85	28	20.00	53	66.64	78	28.14	103	21.19	128	65.00	153	51.00
4	25.57	29	35.00	54	65.00	79	43.27	104	37.85	129	25.00	154	45.00
5	27.40	30	23.00	55	25.00	80	47.36	105	27.57	130	33.00	155	47.00
6	41.92	31	40.00	56	33.00	81	45.85	106	29.40	131	19.00	156	43.00
7	24.44	32	26.00	57	19.00	82	51.91	107	43.92	132	14.00	157	30.00
8	34.65	33	34.00	58	14.00	83	45.24	108	26.44	133	12.29	158	20.00
9	21.64	34	20.00	59	50.91	84	68.64	109	34.65	134	19.19	159	28.00
10	27.73	35	15.00	60	44.24	85	65.00	110	21.64	135	33.85	160	22.00
11	17.64	36	15.29	61	67.64	86	42.00	111	27.73	136	23.57	161	37.00
12	27.14	37	22.19	62	66.00	87	48.00	112	17.64	137	25.40	162	25.00
13	42.27	38	36.85	63	26.00	88	42.00	113	27.14	138	39.92	163	42.00
14	46.36	39	26.57	64	34.00	89	44.00	114	40.27	139	22.44	164	28.00
15	44.85	40	28.40	65	20.00	90	40.00	115	44.36	140	32.65	165	36.00
16	50.91	41	42.92	66	15.00	91	27.00	116	42.85	141	19.64	166	22.00
17	44.24	42	25.44	67	15.29	92	17.00	117	48.91	142	25.73	167	17.00
18	67.64	43	33.65	68	22.19	93	25.00	118	42.24	143	15.64	168	17.29
19	66.00	44	20.64	69	36.85	94	19.00	119	65.64	144	25.14	169	24.19
20	43.00	45	26.73	70	26.57	95	34.00	120	64.00	145	40.27	170	22.00
21	49.00	46	16.64	71	28.40	96	22.00	121	24.00	146	44.36	171	36.00
22	43.00	47	26.14	72	42.92	97	39.00	122	32.00	147	42.85		
23	45.00	48	41.27	73	25.44	98	25.00	123	18.00	148	48.91		
24	41.00	49	45.36	74	35.65	99	33.00	124	13.00	149	42.24		
25	28.00	50	43.85	75	22.64	100	19.00	125	49.91	150	69.64		

(eWBCc, effect of TC on WBCs count).



Fig. 2. Difference between effects of TC and AC on patient's WBCs counts (TC, docetaxel with cyclophosphamide; AC, doxorubicin with cyclophosphamide; WBC, White Blood Cells; eWBCc, effect of TC/AC on WBCs count).

magnitude of neutropenia varies between these two chemotherapies. AC is generally more likely to cause severe neutropenia than TC. The base WBC count normally takes place 7 to 10 days after TC administration and 5 to 7 days after AC administration. The retrieval of WBC count after

administration of TC is faster than after the administration of AC. Patients treated using TC are required to have their WBC count monitored more closely than those receiving AC, as the start of a low white blood cell count is more rapid and the salvage is slower.

3.2. Comparative WBC between AC and TC

A paired *t*-test was applied to analyze the statistical difference between the overall effect of TC and AC on patient WBCs count. Table 4 presents the results of the analysis. From Table 4, it is found that the pvalue is 0.000, which is less than the chosen significance level of 0.05. Therefore, we reject the null hypothesis and conclude that there is a statistically significant difference between the eWBCc by TC and AC.

4. Discussion

In this study, the drug dosage was optimized by assessing the *eWBCc* of patients. For example, the case of patient 1 was affected 14.29 % by TC and 59.50 % by AC (Tables 2 and Table 3). Based on these values, physicians can determine the dosage and duration of chemotherapy. Because TC affects 59.50 % that means patient's immune system has been disturbed, so cannot receive chemotherapy. When a patient recovers a WBCs count in the normal range, it can be the best time for chemotherapy. Similarly, if a patient's eWBCc is adversely affected, it may lead to the development of any infection. This may assist doctors in deciding on the time to provide medication to cure any infection. Based on eWBCc of the patient, the doctor may also reject drugs and select a suitable drug for the patient. For example, in the case of patient 150, eWBCc was 69.64 % that means doctor may change the drug for the remaining chemotherapy. Some studies have provided assistance with the administration of drug dosage. Several studies have discussed the optimal time for chemotherapy. Three papers discussed the time taken for medication to cure the infections. Four articles reported drug rejection or selection. The mathematical observation of WBCs count has been presented in a few studies. Table 5 presents a comparison of assistance observed in other studies.

The literature makes many important contributions by observing the white blood cell count of patients with cancer. A recent study have explored the medical importance of the perioperative counts of white blood cells count, along with other bio markers (Wang et al., 2021). Lien et al. found higher increase of WBCs with Chinese Herbal Medicine with chemo than with chemotherapy only in randomized controlled trials (Lien et al., 2021). The results of a study determined intracellular reactive oxygen species decline without impairing the chemotherapeutical activity of doxorubicin in K562 cells or inducing WBCs death (Dos Santos et al., 2018). Changes in the WBCs, platelet, neutrophil, and hemoglobin indices on fist day before chemo of small cell lung cancer patients and 5th, 8th, 11th, 14th, 21st, and on 28th days after chemo were compared by a study among two different groups of medicines (Zhao et al., 2021). Hao et al. shown the predictive value of WBCs after chemotherapy of small cell lung cancer (Hao et al., 2018). A high lymphocyte-to-white blood cell ratio was observed by a study to predict the effectiveness of chemotherapy with the oxaliplatin and capecitabine regimen to gastric cancer patients (Tang et al., 2018). Yuksel et al. investigated WBCs counts and neutrophil to lymphocyte ratio in the identification of localized testicular cancer (Yuksel et al., 2016). A study investigated the analytical impact of elevated WBCs count of cervical

Table 4

 ${\bf S} tatistical difference between the overall effect of TC and AC on the patients WBCs count.$

Paired T-Test and CI: AC, TC									
	Ν	Mean	StDev	SE Mean					
AC	154	44.36	10.02	0.81					
TC	154	34.62	14.60	1.18					
Difference	154	9.74	17.68	1.42					

95 % CI for mean difference: (6.93, 12.56).

T-Test of mean difference = 0 (vs \neq 0): T-Value = 6.84P-Value = 0.000. TC, docetaxel with cyclophosphamide; AC, doxorubicin with cyclophosphamide; WBC, White Blood Cells. cancer recurrence at the time of the diagnosis (Mabuchi et al., 2012). Shen et al. found that doxorubicin directly destroy neutrophils in a very short time and thus may not be used to make as a model chemo nanodrug to prepare an innovative cell chemotherapeutic drug (Shen et al., 2021). A study determined that the baseline, cycle-1 day-1 median absolute neutrophil count was lower in Black breast cancer patients versus Non-Black with same results at cycle-3 day-1 (Schreier et al., 2022). Hoshino et al. investigated the association between neutrophil-tolymphocyte ratio change after neoadjuvant chemotherapy and histologic response and oncologic outcomes in patients of esophageal malignancy (Hoshino et al., 2022). Neutrophil-to-lymphocyte ratio was described to be related with diagnosis of patients of urothelial cancer who were receiving organized chemo or immunotherapy (Kobayashi et al., 2022). Though, even patients with high pre-chemo neutrophil-tolymphocyte ratio attained favorable overall and progression-free survivals if they had the neutrophil-to-lymphocyte ratio decreased by chemo, while those with high pre-chemo neutrophil-to-lymphocyte ratio produced uncomplimentary overall and progression-free survivals if they had the neutrophil-to-lymphocyte ratio continued high after chemo, signifying that chemo may had disparity effect on the efficiency of following pembrolizumab medication in patients of urothelial cancer (Kobayashi et al., 2022). Méndez et al. evaluated the probiotic fermented milk management on the side effects of chemo drug, capecitabine and on its anticancer effects and they found that capecitabine organization reduced the number of WBCs compared to both the probiotic fermented milk and milk groups, without accomplishment of the control group standards (Méndez Utz et al., 2021). A study reviewed that many trials indicated that β -glucan concomitant administration with chemotherapy or with radiotherapy decreased immune decline due to such medications and enhanced the recovery of WBCs counts (Steimbach et al., 2021). Orhan et al. studied the data of perianalcomplications and examined the association among the perianal lesion, WBCs to neutrophil count, and the kind of treatment in understudy patients with hematologic cancers in the neutropenic period. They derived a statistical significance consideration in favor of acute-myeloidleukemia was found between those patient findings and anal-abscessdevelopment and they also found that there was a converse relationship between the number of WBCs at hospitalization with an anal pathologic operation. They observed that patients with high WBCs counts underwent fewer operations due to anal pathology (Orhan et al., 2022)

5. Conclusions

The results of this study concluded that TC remains less toxic than AC in affecting white blood cells count of understudied patients. It was also concluded that both drugs disturbed the immune system of the patients, resulting in a slow recovery of their health. However, this study did not compare the levels of eosinophils, basophils, monocytes, and lymphocytes affected by anticancer drugs. In the future, we would like to formulate a calculation for the effect of chemotherapy on platelets of patients with cancer.

6. Research ethics approval

All methods adopted in this study were based on the standards of the ethical review committee of Faisalabad, Pakistan, who approved this study (approval number 675/2016). All patients provided written informed consent for using their data.

Data availability

The data used for this study can be provided on request to corresponding author.

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Table 5

Comparison of the assistance observed by this and other studies.

Assistance for Observing	Wu et al. (Wu et al., 2019)	Park et al. (Park et al., 2019)	Shankar et al. (Shankar et al., 2006)	Ono et al. (Ono et al., 2022)	Jee et al. (Jee et al., 2005)	Zhao et al. (Zhao et al., 2022)	Hao et al. (Hao et al., 2018)	This study
the administration of drugs dosage	1	×	1	×	1	×	1	1
the best time for chemotherapy	×	×	×	1	×	×	×	1
the time for medication to cure infections	×	1	1	×	1	1	×	1
to select or reject type of understudy drugs	1	×	×	1	1	×	1	1
the mathematical observation of WBCs count	×	×	×	×	×	1	1	1
the drugs overall trend in affecting the WBCs count	×	×	×	×	×	×	×	1
the formula for calculating effect on WBCs count	×	×	×	×	×	×	×	1
the comparison of TC and AC in affecting WBCs count	×	×	×	×	×	×	×	1

TC, docetaxel with cyclophosphamide; AC, doxorubicin with cyclophosphamide; WBC, White Blood Cells.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Appendix A. Supplementary material

Supplementary data to this article can be found online at https://doi.org/10.1016/j.jksus.2023.103024.

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