



# Association between gliadin content and celiac disease antigenicity using polyclonal and monoclonal antibodies in Indian wheat cultivars

Sunil Kumar, Ankush, Sewa Ram\*, Arun Gupta, Om P Gupta, Vanita Pandey, Anuj Kumar, Gyanendra Singh

Division of Quality & Basic Sciences, ICAR-Indian Institute of Wheat & Barley Research, Karnal 132001, India

## ARTICLE INFO

### Keywords:

Gliadin correlation  
Celiac disease  
Antigenicity  
Poly- and Monoclonal antibody

## ABSTRACT

**Objectives:** Wheat despite being an important staple food across the world has been linked to celiac disease in genetically susceptible individuals predominantly caused by gliadins. In this investigation, varietal differences with respect to celiac antigenicity and their relationship with gliadin content were identified.

**Methods:** In this study, we analyzed 62 Indian wheat varieties released over six decades (1961–2020) for gliadin content using BSA and gliadin as calibration standards, and assessed their antigenicity using celiac disease-specific polyclonal antibody (pAb).

**Results:** In addition, a set of 25 wheat varieties was scanned using monoclonal antibody (mAb) raised against gliadin. Large variations in gliadin content (2.75 to 6.98 g 100<sup>-1</sup> g whole wheat flour) were observed with the lowest in PBW 34 and the highest in HS 420. Comparative analysis revealed that gliadin content measured using the standard gliadin calibrant was 1.5 times higher than using BSA as calibrant. A positive correlation was observed between total antigenic gliadin and total gliadin content using pAb ( $r^2 = 0.5841$ ;  $r = 0.763^{**}$ ) and mAb ( $r^2 = 0.4923$ ;  $r = 0.728^{**}$ ) indicating that total gliadin content is the major factor for eliciting celiac antigenicity.

**Conclusion:** The study also exhibited that celiac causing potential of wheat is not different among the varieties developed across different periods. The findings contribute to our understanding of the relationship between gliadin content and antigenicity, and thus have potential implications in management of celiac disease.

## 1. Introduction

Wheat, a widely consumed crop in nearly 100 countries, is an annual herb belonging to the Gramineae or Poaceae family. It plays a crucial role in ensuring global food security, providing food for 2.5 billion human population across the world (Ramadas et al., 2019). It is the second most consumed staple after rice and contributes approximately 20 % of the calorie needs and 25 % of the dietary protein (Shewry, 2009). Alongside carbohydrates, wheat contains 10–15 % protein, as well as significant amount of dietary fiber and micronutrients (Shewry and Tatham, 2016; Zhao et al., 2009). The protein in wheat grains is comprised of various fractions including albumins, globulins, gliadins (prolamins) and glutenins identified based on their solubility. When wheat flour is mixed with water, a viscoelastic complex called gluten composed of glutenins and gliadins is developed, which determines the end-product quality.

Wheat gluten, comprising 75–80 % of total proteins, is a complex mixture consisting of  $\alpha/\beta$ ,  $\gamma$ , and  $\omega$ -gliadins, as well as high- and low molecular weight (HMW; LMW) glutenins. These proteins are encoded by medium to large multigene families (Shewry, 2009; Shewry, 2019). Gluten's viscoelastic and extensible properties provide binding and shape-forming characteristics that are highly desirable in the processed food industry and essential for dough making. Gluten imparts a chewy and palatable texture to baked and processed foods. However, for genetically predisposed individuals, gluten can be associated with certain disorders and allergies. Some people experience harmful immune responses against wheat gluten proteins after consumption, leading to inability to tolerate wheat and its products (Cabanillas, 2020; Shewry and Tatham, 2016). One notable disorder linked to gluten is celiac disease (CD), an autoimmune condition directly associated with gluten proteins (Stamnaes and Sollid, 2015). Celiac disease affects approximately 1 % of the global population (pre-dominant in females),

\* Corresponding author at: Division of Quality & Basic Sciences, PO Box-158, Agrasain Marg, ICAR-Indian Institute of Wheat & Barley Research, Karnal 132001, India.

E-mail address: [sewa.ram@icar.gov.in](mailto:sewa.ram@icar.gov.in) (S. Ram).

<https://doi.org/10.1016/j.jksus.2024.103335>

Received 3 April 2024; Received in revised form 18 June 2024; Accepted 2 July 2024

Available online 2 July 2024

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with variations based on sex, age, and geographical location (Caio et al., 2019; Narwal et al., 2020). The disease afflicts individuals having HLA-DQ2 and DQ8 genetic backgrounds, and shows intolerance towards gluten proteins of wheat along with prolamins of barley (hordiens), rye (secalins), and oats (avenins) (McAllister et al., 2019; Narwal et al., 2020). Among all the protein fractions,  $\alpha$ - and  $\gamma$ -gliadins play significant role in the progression of CD (Balakireva and Zamyatnin, 2016; Garcia-

Calvo et al., 2021).

The toxicity of CD is primarily attributed to the presence of large repeat domains containing homologous and repetitive sequences of six-to-eight amino acids, rich in proline (P) and glutamine (Q) (Shewry, 2019). Within the  $\alpha$ -gliadin protein, the central domain contains two key sequences: the P and Q-rich heptapeptide PQQPFP and the pentapeptide PQQPY. Extensive *in vitro* and *in vivo* studies conducted in rats and

**Table 1**

List of wheat varieties, release year, total gliadin content, total protein content, and gliadin-to-total protein ratio (WWF = whole wheat flour).

Decade	Variety	Year of release*	Total gliadin (g 100 g <sup>-1</sup> WWF)		Total protein (@12 % moisture basis)	Gliadin/total protein ratio (%)
			Gliadin as calibrant	BSA as calibrant		
1961–1970	Choti lerma	1969	3.76 ± 1.43	2.71 ± 0.70	9.61	39.13
	HYB 633	1967	4.43 ± 0.15	3.04 ± 0.07	9.61	46.10
	NP 404	1967	4.46 ± 0.33	3.06 ± 0.16	11.81	37.76
	NP 818	1967	4.91 ± 0.57	3.28 ± 0.28	13.42	36.62
	C 306	1969	5.18 ± 0.42	3.41 ± 0.21	10.66	48.60
	NP 839	1967	5.72 ± 0.37	3.68 ± 0.18	11.08	51.68
1971–1980	Bijaya red	1965	5.89 ± 0.44	3.76 ± 0.22	10.56	55.79
	A-9-30	1974	4.46 ± 0.84	3.06 ± 0.41	11.15	39.99
	HD 2189	1980	4.84 ± 0.99	3.25 ± 0.48	10.10	47.88
	A 28	1978	4.98 ± 0.50	3.31 ± 0.24	13.38	37.24
	GW 10	1976	5.10 ± 0.78	3.37 ± 0.38	11.82	43.11
	NI 5439	1975	5.11 ± 1.05	3.38 ± 0.51	10.42	49.04
	D 134	1974	5.29 ± 0.38	3.47 ± 0.19	10.61	49.89
	GW 1 (d)	1980	5.46 ± 0.46	3.55 ± 0.23	10.67	51.21
	GW 18	1978	5.68 ± 0.33	3.65 ± 0.16	11.99	47.36
	HD 2177	1980	5.90 ± 0.82	3.76 ± 0.40	12.93	45.67
1981–1990	HD 1925	1976	5.98 ± 0.27	3.80 ± 0.13	11.81	50.54
	PBW 34	1985	2.75 ± 0.65	2.22 ± 0.32	11.08	24.78
	DWR 39	1985	2.96 ± 0.60	2.32 ± 0.29	9.12	32.43
	CPAN 1796	1985	3.38 ± 0.38	2.53 ± 0.19	10.98	30.81
	DWR 16	1985	3.40 ± 1.03	2.54 ± 0.51	9.82	34.59
	ROHINI	1984	3.82 ± 0.41	2.74 ± 0.20	12.97	29.46
	GW 120	1985	3.91 ± 0.35	2.79 ± 0.17	10.33	37.80
	GW 2 (d)	1985	4.20 ± 0.84	2.93 ± 0.41	10.56	39.80
	GW 89	1984	4.35 ± 0.98	3.00 ± 0.48	9.10	47.74
	BW 11	1987	4.53 ± 0.70	3.09 ± 0.34	10.11	44.83
	HD 4672	2000	3.17 ± 0.85	2.43 ± 0.42	9.33	33.98
1991–2000	HD 2687	1999	4.02 ± 0.71	2.84 ± 0.35	10.71	37.53
	DT 46	1995	4.08 ± 0.62	2.87 ± 0.30	9.77	41.72
	DWR 195	1995	4.20 ± 1.08	2.93 ± 0.53	10.64	39.51
	PBW 396	2000	4.30 ± 1.16	2.98 ± 0.57	12.00	35.86
	PBW 373	1997	4.67 ± 0.68	3.16 ± 0.33	14.30	32.67
	AKW 1071	1995	4.73 ± 0.83	3.19 ± 0.41	10.20	46.35
	DL 784-3	1993	4.81 ± 0.92	3.23 ± 0.45	9.67	49.77
	HI 1454	2000	5.96 ± 0.67	3.79 ± 0.33	11.60	51.38
	HI 1418	2000	6.11 ± 0.60	3.87 ± 0.29	11.60	52.77
	HPW 251	2008	4.32 ± 1.25	2.98 ± 0.61	15.40	27.97
	HI 8627	2007	4.32 ± 0.33	2.99 ± 0.16	11.80	36.59
2001–2010	VL 907	2010	4.53 ± 0.27	3.09 ± 0.13	11.80	38.39
	WH 711	2002	5.27 ± 1.11	3.45 ± 0.54	12.90	40.82
	CBW 38	2009	5.37 ± 0.40	3.50 ± 0.20	11.40	47.07
	GW 322	2002	5.52 ± 1.37	3.58 ± 0.67	10.80	51.12
	PBW 509	2005	5.52 ± 1.59	3.58 ± 0.78	13.10	42.15
	MACS 6145	2005	5.71 ± 0.87	3.67 ± 0.42	11.00	51.87
	HI 1531	2006	5.78 ± 0.35	3.70 ± 0.17	10.10	57.19
	VL 804	2002	5.95 ± 0.36	3.79 ± 0.17	13.40	44.37
	HW 2045	2002	6.43 ± 1.09	4.24 ± 0.68	12.40	51.95
	HS 420	2003	6.98 ± 0.63	4.29 ± 0.31	12.00	58.17
	DBW 222	2020	4.22 ± 0.29	2.94 ± 0.14	12.40	34.02
2011–2020	WB 2	2017	4.42 ± 0.25	3.04 ± 0.12	14.88	29.68
	DBW 187	2019	4.54 ± 0.33	3.10 ± 0.16	14.32	31.73
	UAS 466	2015	4.69 ± 0.27	3.17 ± 0.13	12.10	38.72
	PBW 343	2017	4.81 ± 0.33	3.23 ± 0.16	13.10	36.74
	HD 3086	2014	4.91 ± 0.64	3.28 ± 0.31	13.92	35.29
	HD 2987	2011	5.21 ± 0.25	3.42 ± 0.12	10.60	49.15
	HD 3059	2013	5.39 ± 0.78	3.51 ± 0.38	14.79	36.47
	DDW 47 (d)	2020	5.51 ± 0.33	3.57 ± 0.16	11.60	47.47
	DBW 110	2015	5.66 ± 1.03	3.65 ± 0.51	11.60	48.82
	DBW 303	2021	5.66 ± 0.96	3.65 ± 0.47	12.64	44.80
	HD 2985	2011	5.82 ± 0.46	3.72 ± 0.22	13.60	42.78
	MP 3336	2013	5.90 ± 0.49	3.76 ± 0.24	13.94	42.36
	AKAW 4627	2012	6.94 ± 1.75	4.27 ± 0.86	12.00	57.83



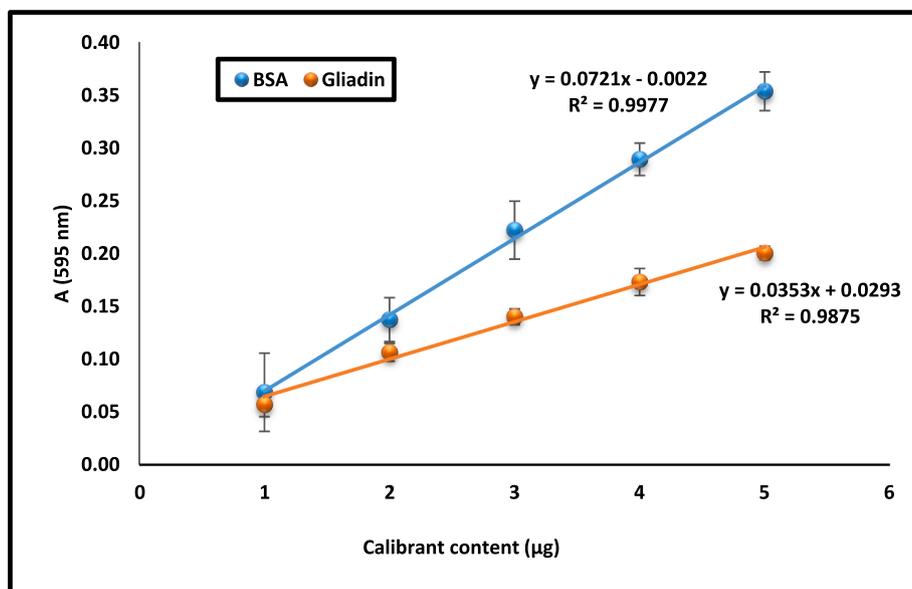


Fig. 1. Standard curves using gliadin and BSA as calibrant.

### 3.2. Determination of total antigenicity employing polyclonal antibody (pAb)

To assess antigenicity of celiac toxic epitopes, gliadins extracted from all 62 wheat varieties were analysed for total antigenicity using pAbs (Fig. 2). Among the varieties, AKAW 4627 (2011–20) exhibited the highest antigenicity ( $0.067 \text{ g } 100 \text{ g}^{-1}$  WWF), while Rohini (1981–90) recorded the lowest one ( $0.016 \text{ g } 100 \text{ g}^{-1}$  WWF) (Fig. 2). Furthermore, the antigenic/total gliadin ratio ranged from 0.0042 (Rohini) to 0.0119 (HD 4672) (Fig. 2). Overall averages for total antigenicity, total gliadin, and ratio of antigenic vs. total gliadin for the varieties taken under investigation were 0.044 (%), 4.93 (%) and 0.009, respectively. There was a significant positive correlation ( $r = 0.763^{**}$ ) between total antigenic gliadin (determined via ELISA-based assay) and total gliadin (measured using the Bradford assay) (Fig. 3). Strong positive correlation between total gliadin content and CD antigenicity indicated that CD toxicity depends on gliadin content and not on variety or the release year of the variety.

### 3.3. Determination of total antigenicity utilizing monoclonal antibody (mAb)

The celiac antigenicity also screened and quantified using more specific mAbs in the gliadin extracts of a subset of 25 wheat varieties (Fig. 4). Among the varieties under investigation, MACS 6145 (2005) exhibited the highest % antigenicity (0.092), while PBW 34 (1985) recorded the lowest one (0.036). The antigenic/total gliadin ratio ranged from 0.0083 (WB 2) to 0.0143 (DBW 222). Overall averages for total antigenicity, total gliadin, and ratio of antigenic vs. total gliadin were 0.054 (%), 4.78 (%) and 0.0113, respectively. A significant positive relationship ( $r^2 = 0.4923$ ;  $r = 0.728^{**}$ ) was observed between total antigenic gliadin and total gliadin present (Fig. 5). In the same subset, the correlation between total gliadin vs. pAb-mediated total antigenicity was also highly significant ( $r = 0.843^{**}$ ). In addition, the correlation between mAb- and pAb-mediated antigenicity was found statistically significant ( $r = 0.686^{**}$ ).

## 4. Discussion

Wheat the second most important cereal crop, consumed widely in developed and developing countries. For developing world, it acts as protein and energy source (Govindan et al., 2023). It is a staple crop that

contains approximately 10–15 % grain protein content, along with significant amount of carbohydrates, dietary fiber, and micronutrients (Shewry and Tatham, 2016). Dough viscoelasticity and extensibility necessary for an array of processed products (bread, pasta, biscuit etc.) and their quality, are attributable to wheat seed storage proteins (gliadins and glutenins) (Shewry and Hey, 2015; Sissons, 2008) which are stockpiled in seed endosperm clubbed with starch (Sharma et al., 2020). In the present study, the gliadin content (measured using gliadin as calibrant) in wheat varieties ranged from 24.8 % to 58.2 %. Some of the previous reports showed gliadin concentrations in the range of 30–40 % as a proportion of total proteins in wheat grains (Malik, 2009; Urade et al., 2018). Other mentioned albumin-cum-globulin, gliadin and glutenin contents in the range of 10.7–44.0 %, 18.6–34.3 %, and 27.4–43.9 % respectively for different wheat varieties (Mohan Kumar et al., 2017; Siddiqi et al., 2016; Siddiqi et al., 2021; Žilić et al., 2011). This shows that the content of gliadin and other protein fractions can vary depending on the variety as well as environmental factors.

Two methods of gliadin measurement, using bovine serum albumin (BSA) and gliadin as calibrant, were compared. The data showed that gliadin content measured using the standard gliadin calibrant was 1.5 times higher than using BSA as standard. However, in one of the recent study, Rekowski et al. (2021) reported a conversion factor of 4.25 (gliadin concentration estimated using BSA calibrant was 4.25 times lower than as with gliadin calibrant) by comparing wheat gliadin content using BSA and gliadins (extracted from wheat flour; cultivar Akteur) as calibrants. In our study, there was very high significant positive correlation ( $r = 0.99$ ) between gliadin content measured by both the calibrants using 62 diverse Indian wheat varieties, indicating high reliability of using BSA as standard by employing a factor of 1.5.

Though gliadin being the component of gluten important for dough making properties, it has been found accountable for developing certain intolerances to some people including CD. Celiac disease (CD) is an autoimmune disorder that primarily affects genetically predisposed individuals upon consumption of a gluten-containing diet (Kumar et al., 2024). Celiac occurs in individuals with specific genetic backgrounds, particularly those carrying the HLA-DQ2 and DQ8 genes, who exhibit intolerance to the gluten proteins found in wheat, particularly highly immunogenic  $\alpha$ -gliadins (Caio et al., 2019; Sharma et al., 2020). For CD, serological testing can be accomplished using anti-gliadin or anti-deaminated gliadin antibodies, anti-tissue transglutaminase-2 antibodies and anti-endomysium antibodies (Al-Toma et al., 2019; Sharma et al., 2020; Tye-Din et al., 2018). In the current study, antibodies raised

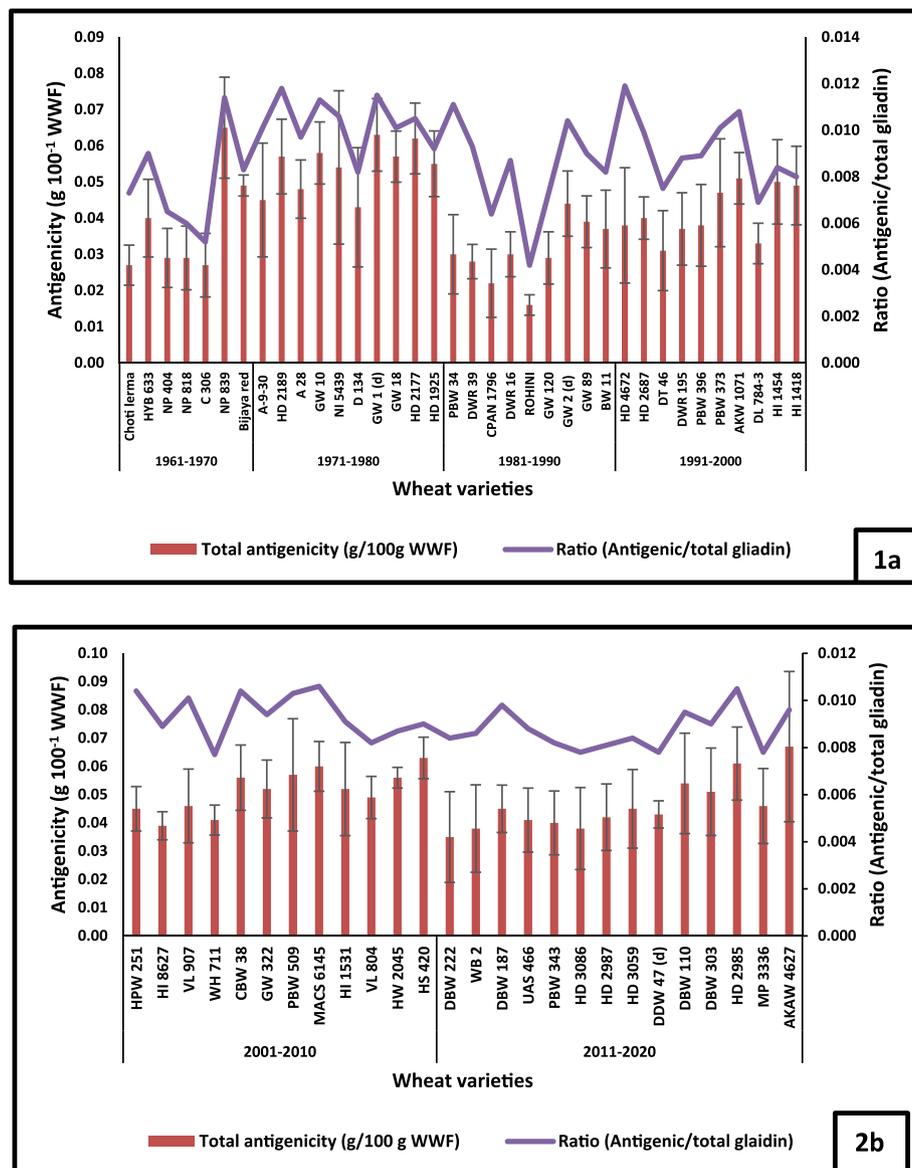


Fig. 2. Total antigenicity and its ratio to total gliadin using polyclonal antibody: For decades 1961–2000 (2a); for decades 2001–2020 (2b).

against native gliadins and/or heat-treated gliadins have been employed for calculating antigenicity. There was strong positive correlation ( $r = 0.76$ ) between total antigenic gliadin and total gliadin content, using pAb. Poirier et al. (2021) also used pAbs to discriminate wheat, barley, and oat prolamins in an indirect ELISA assessment. Schopf and Scherf (2018) compared different ELISA kits and found that the pAb ELISA was less affected by gluten variability and was able to detect gluten from einkorn wheat too. In addition, mAbs have been employed by various researchers to demonstrate the CD mediated antigenicity in wheat protein fractions (Gregorini et al., 2009; Narwal et al., 2020; Ribeiro et al., 2016; Spaenij-Dekking et al., 2005). In this study, mAb destined against the  $\alpha$ -gliadin peptides p58-73 (KLQFPQPPELPYPQPQ) containing a core region reported to cause CD toxicity was employed for screening antigenicity. A significant positive correlation ( $r^2 = 0.4923$ ;  $r = 0.728^{**}$ ) was also found between total antigenic gliadin and total gliadin using mAb showing a strong correlation between antigenicity and gliadin content. However, there are few exceptions having higher gliadin content and lower antigenicity. It can be explained by the fact that antigenic peptides are not uniformly distributed among all wheat genetic resources as stated by Schalk et al. (2017) and Garcia-Calvo et al. (2021).

Conflicting results have been reported for old and modern bread varieties regarding their antigenic behaviour (Shewry, 2018). Van den Broeck et al. (2010) reported that ancient wheat varieties have a smaller number of CD antigenicity (gilal $\alpha$ 9) compared to modern ones. While others reported that modern wheat varieties have fewer CD antigenicity as compared to ancient varieties (Colomba and Gregorini, 2012; Prandi et al., 2017). On the other hand, Narwal et al. (2020) observed varietal differences in antigenicity, but they did not find noteworthy changes in antibody reactivity for the wheat varieties released after 1960 in India. Malalgoda et al. (2018) reported that the cultivar release year and the number of immunogenic epitopes and  $\alpha$ -gliadin have no relation with each other. According to Pronin et al. (2021), the immune-reactive potential of old and modern wheat cultivars is similar. In addition, Ribeiro et al. (2016) stated that breeding has no contribution towards the prevalence of CD antigenic epitopes. Our results are in conformity with Malalgoda et al. (2018), Narwal et al. (2020) and Pronin et al. (2021) in that year of release has no relation to antigenicity.

## 5. Conclusion

In conclusion, the study reveals significant variations in gliadin

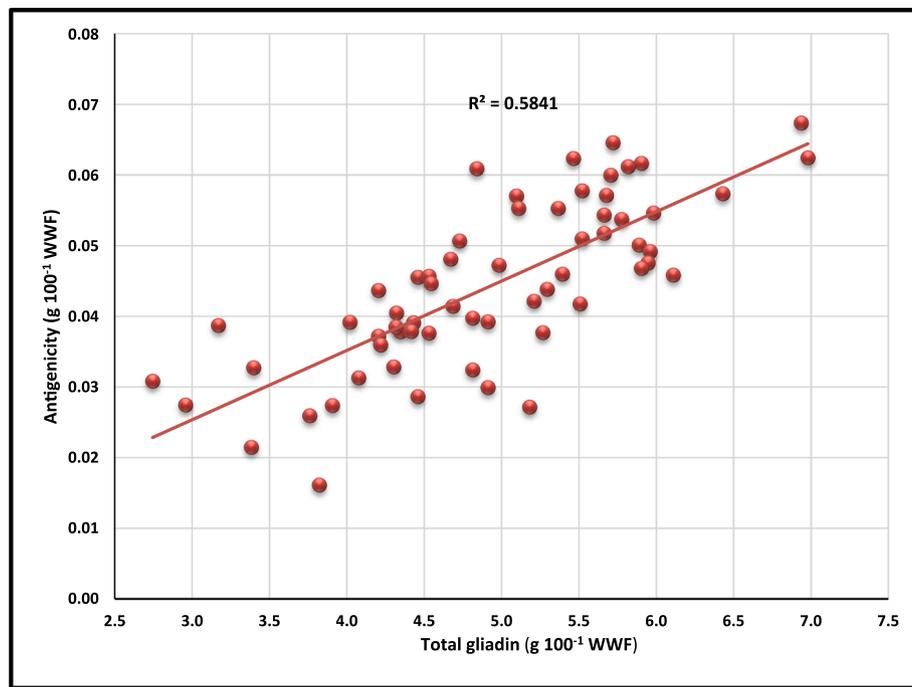


Fig. 3. Correlation between antigenicity to total gliadin content using polyclonal antibody (Varieties: 62; period: 1961 to 2020).

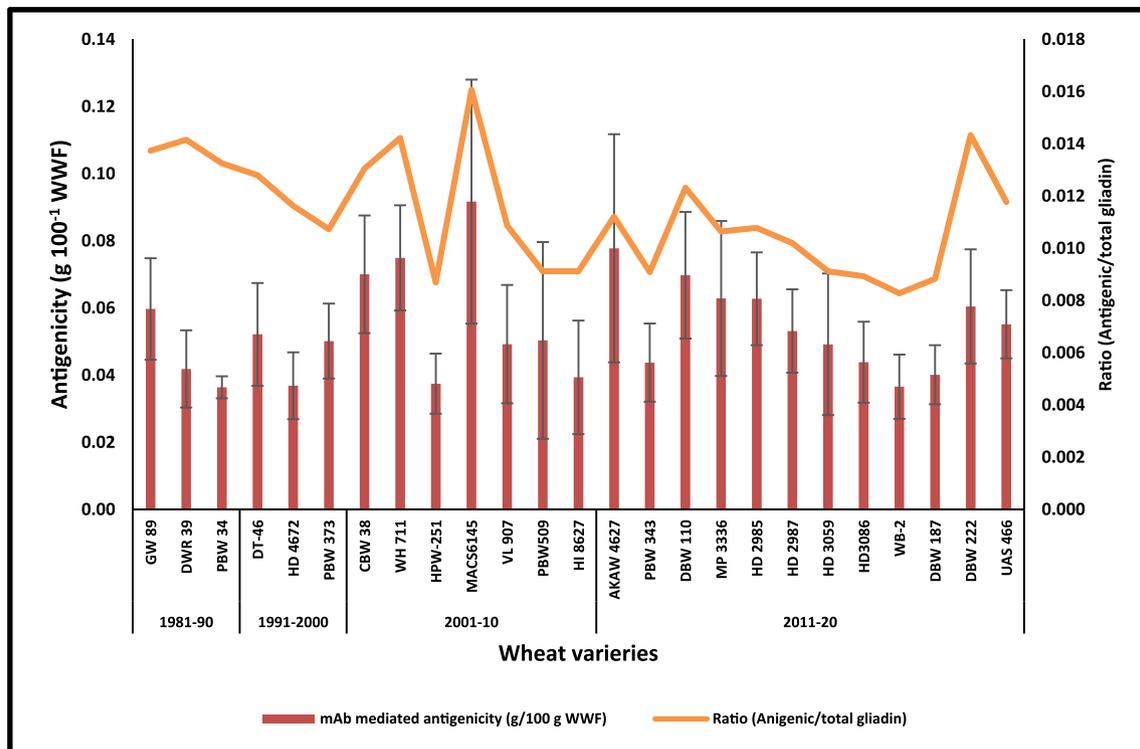


Fig. 4. Total antigenicity and its ratio to total gliadin using monoclonal antibody (Varieties: 25; period: 1981 to 2020).

content among the wheat varieties tested, emphasizing their potential implications for CD. A positive correlation was observed between total antigenic gliadin and total gliadin content using pAb ( $r^2 = 0.5841$ ;  $r = 0.763^{**}$ ) and mAb ( $r^2 = 0.4923$ ;  $r = 0.728^{**}$ ) indicating that total gliadin content is the major factor for eliciting celiac antigenicity.

**CRedit authorship contribution statement**

**Sunil Kumar:** Writing – review & editing, Writing – original draft, Supervision, Project administration, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Ankush:** Methodology, Investigation. **Sewa Ram:** Writing – review & editing, Writing – original draft, Supervision, Project administration, Funding acquisition, Formal analysis. **Arun Gupta:** Visualization, Resources. **Om P Gupta:**

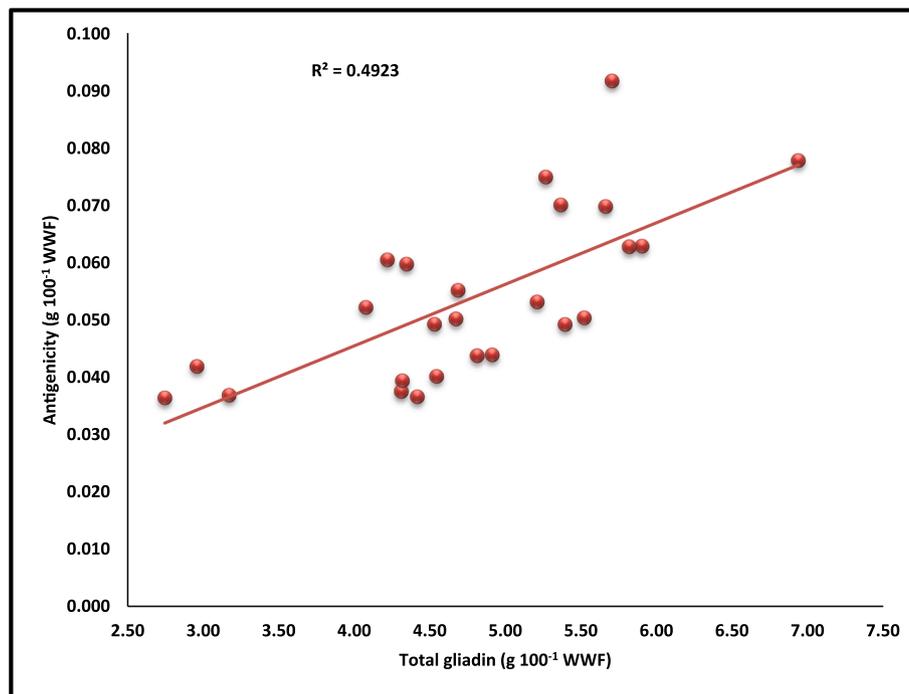


Fig. 5. Correlation between antigenicity to total gliadin using monoclonal antibody (Varieties: 25; period: 1981 to 2020).

Writing – review & editing. **Vanita Pandey**: Writing – review & editing. **Anuj Kumar**: Writing – review & editing. **Gyanendra Singh**: Supervision, Project administration.

#### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Acknowledgement

The authors are thankful to the Indian Council of Agricultural Research and Indian Institute of Wheat and Barley Research for providing the necessary infrastructure and resources for conducting the research. This research was funded by ICAR-Indian Institute of Wheat & Barley Research under institutional project (IXX15473) and Consortium Research Project on Bio-fortification (1006422) funded by Indian Council of Agricultural Research.

#### Appendix A. Supplementary material

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jksus.2024.103335>.

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